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# The Wayne Herald

Thursday, October 22, 2020 145th Year - No. 4

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(Photos by Clara Osten)

## Green-thumb Girl Scouts

Wayne's Brownie Troop 5034 took a trip to The Wayne Greenhouse recently. Greenhouse owner Lu Wiltse talked to the troop about flower design before she helped them make creations of their very own. Once the Brownies were done making bouquets, Wiltse took their creations to Countryview Care and Rehabilitation for the residents.

## Wayne County Commissioners approve pictometry flights for county

By Sarah Lentz  
editor@wayneherald.com

The Wayne County Commissioners met at the Wayne County Courthouse Tuesday for a regularly scheduled meeting. The commissioners approved a request from the County Assessor's office, as well as discussed the sale of a piece of equipment and the courthouse restoration project.

Wayne County Assessor Dawn Duffy approached the commissioners in a previous meeting about hiring updated pictometry photos to be taken. Duffy told the commissioners that the City of Wayne had been in contact to split some of the cost. During Tuesday's meeting, Duffy said she had spoken with a company to take two flights, one in 2021 and one in 2024. The total cost per flight will be \$67,020, which Duffy said was a savings of about \$4,000. There is a possibility that a bordering county may also participate with Wayne County, which could potentially increase the savings. The commissioners approved the contract.

Also approved was the sale of a Bonnell road drag to Butler County for \$6,150. The county bid out the equipment for sale and townships in Butler County were the only response.

Highway Superintendent Mark Casey told the commissioners that officials with the Haystack Wind Project offered to submit \$2.5 million cash instead of securing a road bond. Haystack prefers to submit the \$2.5 million because Tradewind, the company who initially developed the project, is in the process of selling the project to Orsted, the company behind the Plum Creek project. Casey told the commissioners that

the plan would be for the county to accept the cash, then once the Tradewind sale goes through, the money would be returned and Orsted would secure the road bond.

Wayne County Attorney Amy Miller suggested that if the commissioners decided to do that, they create an agreement for the County to place the money in an interest-bearing account, with the interest to go to Wayne County.

"It's a benefit to them that they're able to do it this way and not transfer a bond," Miller told the commissioners.

The cash submission was approved.

Jeff Wagner from Mainelli Wagner & Associates attended the meeting and told the commissioners that the newest round of bridges eligible for the State's County Bridge Match Program was available and gave them some options of projects to submit.

A representative of Kingery Construction, the company working on the courthouse restoration project, brought in one of the door sweeps that will need to be fitted onto the new doors. While concrete work at the east entrance was set to start around election day, that has been pushed back yet again. Now the plan is to start around Thursday, Nov. 12.

The work will require jack hammers, so the commissioners discussed the possibility of closing the courthouse for a day during that phase.

Also approved was an \$8,718 agreement for HVAC servicing, as well as a County delegate for the 2020 NACO convention.

The next Wayne County Commissioners meeting will be held at 9 a.m. in the district courtroom on Tuesday, Nov. 3.



(Photo by Clara Osten)

Steve Sherman and Jon Mullen were introduced at the Wayne City Council meeting held Tuesday. Mullen and Sherman are both new City employees. Mullen has been working in the water/wastewater department for several months. Sherman has been hired to work in the street department.

## Council gets update on Nebraska Street project

By Clara Osten  
clara@wayneherald.com

Several agenda items dealing with the 2019 Nebraska Street Improvement Project were presented to the Wayne City Council during its regular meeting on Oct. 20.

A lengthy discussion was held on the use of fly ash to dry out portions of the project before the pouring of concrete.

Jon Mooberry with JEO Consulting Group, Inc., who served as the project engineer for the project, spoke to the council on the project. He said the substantial completion date was Oct. 8, with a number of 'punch list' items left to be completed.

He then spoke on Change Order No. 2 which the contractor submitted for \$19,558.24 for fly ash that was used to dry out the soil after a rain event early in September.

Mooberry said that generally fly ash is not used to dry out soil because of a weather event. Instead, it is used for what is known as "fat clay" (unsuitable soil) found under the street. It provides for subgrade stabilization. Quantities of fly ash were in the original contract and removed after the first phase of the project was complete because the soil under the street did not need to be stabilized.

He and the contractor discussed the use of fly ash and he (Mooberry) denied the request. He told the contractor that if it were used, the costs would fall on the contractor,

not the city.

Mooberry told the council that JEO wants to work with the contractor and "be fair to the contractor and the people we work for. We are trying to get this project wrapped up."

BJ Woehler with Robert Woehler & Sons, the general contractor for the project, spoke to the council and noted that when the project was originally bid, fly ash was included in the contract.

"I built the schedule on the fact that fly ash would be available. I am confused on why it was taken out. Throughout this project, we encountered a number of things that pushed the project back, including the fact that the engineer's design was short 60 feet of pipe. There were a lot of issues we had to work with in every block that were difficult," Woehler said.

He also told the council that because of the way the work was done, "the city got a much better product."

Council member Matt Eischeid said he had concerns with the project engineer not being on site during most of the project and questioned why fly ash was taken out of the project. He also said he didn't feel the city should be responsible for all of the costs of the fly ash in this instance.

After considerable discussion, Eischeid made a motion to split the costs of the fly ash, with the city responsible for \$9,779.12 of the cost.

Council members also accepted a certifi-

cate of substantial completion for the project, pay application No. 8 in the amount of \$314,910.80 to Robert Woehler & Sons Construction, Inc., Change Order No. 2 for a decrease of \$37,883.44 and Change Order No. 3 which grants a time extension for the final completion date of Nov. 1 for the project.

In other action, the council approved resolution and the corresponding ordinance in regard to the sale of 30 foot by 30 foot piece of property at approximately 14th Street and the alley between Pearl and Lincoln Streets.

A bid from Wayne Rentals, LLC for the property was approved with the buyer responsible for the title insurance on the property.

Resolution 2020-51 was tabled. It would have provided a Memorandum of Understanding between the city of Wayne and the Nebraska Regional Interoperability Network. Additional information is needed from the county and state before the issue can be approved.

No action was taken in regard to a public hearing on the request to rezone property at Third and Windom Streets.

City Administrator Wes Blecke told the council the city needs to have a future land use study completed before a decision can be made on whether or not the request fits



(Photo by Clara Osten)

## Harvest woes

Area fire departments have responded to several field fires in recent days. Extremely dry conditions and high winds have resulted in fires such as this one in a corn field south of Carroll on Oct. 15. Firefighters from Carroll, Winside and Wayne Volunteer Fire Departments, along with farmers with disks helped contain the fire. Rain and snow this week have caused delays in harvest, but have not produced enough moisture to alleviate the drought.



# THINKING ABOUT HEALTH

## No relief from high drug prices in the near future

By Trudy Lieberman  
Community Health News Service

If you were hoping that this was going to be the year of government action to lower prescription drug prices, I'm here to say that is not going to happen - even though the House of Representatives passed far-reaching legislation almost a year ago that would allow Medicare to begin negotiating drug prices for beneficiaries.

Recall that the 2003 law that made possible a prescription drug benefit for seniors prohibits the government from negotiating with drug companies in order to lower prices. The Senate has not taken up the bill, and Congress will have to start over in the next session.

In late summer President Donald Trump issued four executive orders that might have given Americans some hope that help was on the way. One

order would have allowed some drugs to be imported from Canada. Another made changes in the way discounts negotiated by pharmacy benefit managers are passed on to Medicare beneficiaries, and a third would have required government-sponsored dispensaries to make insulin and epinephrine available to low-income Americans without health insurance or who have insurance with high copays. Dispensaries were already making those drugs effectively free for low-income patients.

Then in mid-September the president announced a fourth order that would allow Medicare to refuse to pay for drugs in the U.S. that cost more than what they do in other countries, a policy sometimes called international reference pricing or "most favored nations" policy.

All these proposals are pretty much empty promises until there is

a concrete legislative or regulatory framework for implementing them. They are, in effect, symbolic political gestures. "An executive order does not necessarily do anything," says Loren Adler, associate director of the USC-Brookings Schaeffer Initiative for Health Policy. "They lack pretty critical details, and the actual rules do not exist."

Legal scholars also raised questions about how these proposals would actually work. Rachel Sachs of the Washington University School of Law and Nicholas Bagley of the University of Michigan School of Law noted, for example, when it comes to importing drugs from Canada, the government "has offered very limited guidance to the states on how they might show that importation might reduce costs."

The president also announced one more initiative: sending a \$200 drug

discount card to millions of seniors to help pay for some of their medications, which certainly can be high.

Such a card would hardly dent the bill for some of the newer medications such as those used to treat Crohn's disease that can cost upward of \$20,000 for a course of treatment.

Trump said the cards would be "incredible." But getting them into the hands of Medicare beneficiaries is proving to be less than easy. The general counsel at the administration's Department of Health and Human Services warned last week that the plan could violate election law by inappropriately using federal funds only a few weeks before an election. The plan, estimated to cost around \$8 billion, would be paid for by taking money out of one of the Medicare trust funds. One trust fund is financed by payroll taxes and pays for beneficiaries' Part A hospital coverage. The other fund is

financed by funds from Congress and premiums beneficiaries pay for Part B physician and outpatient services and for Part D drug coverage.

A report from Medicare's trustees released last spring noted the Part A fund is "not adequately financed over the next 10 years."

It's hard to see how sending current beneficiaries a one-time small gift card won't make a looming problem for Medicare even worse.

While it seems that official proposals to lower prescription drug prices won't make a difference any time soon, the main patient advocacy group working on the problem of high drug prices is trying to keep the issue alive. David Mitchell, who heads Patients for Affordable Drugs, told me, "We want to do everything in our power to ensure drug prices are part of the elec-

tion." He said the group is calling on people nationally and in 15 key battleground states to vote for candidates who will stand up to Big Pharma and fight for lower drug prices.

I have never seen this much public interest in pharmaceutical prices during an election campaign. In many states, candidates for major U.S. Senate races are touting their records on prescription drugs and plans for dealing with high prices should they be elected.

Yet reality intrudes. Says Dr. Peter Bach who heads the Center for Health Policy Outcomes at Memorial Sloan-Kettering Cancer Center in New York City, "It is very hard to fix drug pricing in the U.S."

What strategies do you use to lower your prescription costs? Write to Trudy at trudy.lieberman@gmail.com.



(Contributed photo)

Wayne's Rotary International chapter celebrated World Polio Day. Rotary International and its partners launched the Global Eradication Initiative in 1988 to eradicate the polio.

## Wayne Rotary Club celebrates World Polio Day Top Trio

When Rotary and its partners launched the Global Eradication Initiative in 1988, polio paralyzed 1,000 children every day. Great

progress has been made against this disease since then. Today, polio cases have been reduced by 99.9 percent, and just two

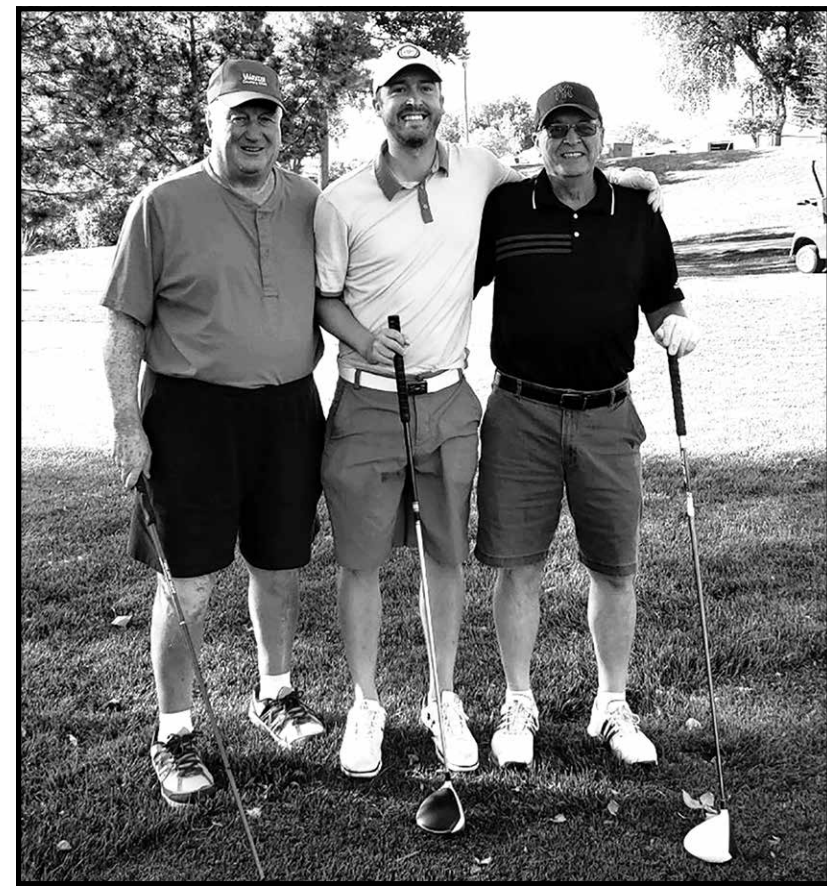
countries continue to report cases of wild poliovirus: Afghanistan and Pakistan.

With polio nearly eradicated, Ro-

tary and its partners must sustain this progress and continue to reach every child with the polio vaccine. Without full funding and political commitment, this paralyzing disease could return to polio-free countries, putting children everywhere at risk.

Rotary has committed to raising \$50 million each year to support global polio eradication efforts. The Bill & Melinda Gates Foundation has pledged to match that 2-to-1, for a total yearly contribution of \$150 million. Rotary has contributed more than \$2.1 billion to ending polio since 1985, including more than \$20,000 in the last 12 years by the Rotary Club of Wayne, according to Bill Engebretsen, local Foundation Chair.

World Polio Day was initiated by the Rotary Foundation nearly a decade ago. It will be celebrated globally on Saturday, Oct. 24 to generate awareness toward polio eradication and to commemorate the efforts of thousands of employees of the World Health Organization and other volunteers committed to the eradication of polio.



(Contributed photo)

Men's league championship honors went to team #30 this year. The winning trio of Gene Casey, Andi Diediker and Dave Diediker defeated team #41 with Rob Sweetland, Rich Rethwisch and Craig Walling in the finals. Team #5 with Chuck Parker, Ron Carnes and Bill Dickey tied for third place with team #21 with Craig Sharpe, Jim Curtiss and Bill Sharpe. Playoffs began with 16 teams out of the 48 that competed during the 19-week season.



(Photo by Clara Osten)

Wayne's FFA chapter hosted the first annual HalloWayne 5K Run/Walk in 2019. Above, runners in last year's race lined up at the starting line at the school.

## Wayne FFA announces upcoming schedule

As the school year continues, the Wayne FFA program has announced the dates for several events involving both the community and the members.

The HalloWayne 5K Run/Walk will be held on Saturday, Oct. 24. The run/walk begins at 10 a.m. and walk-up registration is welcome.

The cost to take part in the 5K is \$25 and includes a t-shirt and post-5K refreshments.

Proceeds from the event will go to the Wayne Community Schools Foundation Kindness Fund. These funds are used to help local families in need through the holiday season.

"Our chapter enjoys hosting the event as well as being able to raise money that will positively impact less fortunate families in the community during the holiday season. Community members are welcome to register the morning of the event. T-shirts and snacks are provided, and costumes are encouraged," said FFA President Emily Eilers.

"Last year, the FFA was able to donate \$1,000 to the Kindness Fund and we'd love to be able to do it again this year," said Advisor Toni Rasmussen.

Beginning on Monday, Oct. 26, FFA members will be involved

in the annual Fruit Sales. Fruit

See FFA Events, Page 4A

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# Providence Medical Center's emergency services installs air ambulance 'easy button'

Last Thursday, Providence Medical Center tested their newest service in the Emergency Department - a service that Emergency Medical Services Director Lisa Clausen calls "an easy button."

In truth, there's nothing easy about work in the Emergency Room of a hospital, but a service from Air Methods Corporation is now taking a task off Clausen and her staff.

"Instead of having to make multiple phone calls, (PMC staff) just have to push this button, and it directs dials right to the dispatch center in Omaha," Clausen said.

When an air ambulance is needed, previously, a member of the Emergency Room staff had to make sometimes multiple calls to book a helicopter. With the push of a button on the nurses station now, Clausen said the service contacts the closest helicopter to work out transport and keeps going until it's able to get one.

Not only does it help the ER staff save time and focus on the patient, the new service is also safer for the flight crews, especially if cir-



multiple aircrafts launch, which becomes a high-risk situation because you could have two aircraft that don't know they're coming into the same place."

Time is crucial when taking care of patients, especially in medical emergency and trauma situations. Clausen said because PMC runs the 911 system for ambulance services, once the call comes in, PMC ER providers can push the call button and have helicopter on standby or can already be on it's way while a patient is still being transferred to the hospital.

With just the push of a button, now Providence ER staff are able to quickly request air ambulance services to get their patients the best quality of care as quickly as possible.

"It's a time saver on our end. Time is of the essence, especially with trauma," Clausen said. "This helps make things go faster and run smoother for our patients because in the end, it's about patient care and getting them the care that they need in a timely manner."

circumstances, like weather delays, require calls to multiple air ambulance services.

"It eliminates helicopter shopping," Clausen said. "If a provider would call one flight program and they couldn't fly because of circumstances preventing the flight, then additional calls to another service would need to be made. Pretty soon there's confusion and you can have

multiple aircrafts launch, which becomes a high-risk situation because you could have two aircraft that don't know they're coming into the same place."

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"It's a time saver on our end. Time is of the essence, especially with trauma," Clausen said. "This helps make things go faster and run smoother for our patients because in the end, it's about patient care and getting them the care that they need in a timely manner."



All State Chorus members include (left) Christopher Woerdemann, Carter Hasemann, Ethan Wibben, AJ Blickenstaff, Treyton Blecke, Brooklyn Bierbower, Jacob Kneifl, Ruben Vega and Dylan Anderson.

## Wayne High students selected to All-State Chorus

Each year, nearly 3000 students audition for a place in one of the four Nebraska All-State Music Ensembles.

According to Wayne High Vocal Music teacher Tracy Anderson, "In a typical year, students would travel to Lincoln to spend three days of intensive rehearsals and perform for a packed crowd at the Lied Center for Performing Arts on the campus of UNL. As our current situation is anything but typical, this year's event will be virtual in structure with students recording themselves at their re-

spective schools." The end product will be a professionally developed final mixing of all of those recordings.

"While not at all a normal experience, we are still very thankful to have the opportunity to have the students audition and if selected, participate in this year's modified event. We are extremely fortunate to have such a long list this year - our students are competing against students from all classes of schools and they definitely represented Wayne High very well," Anderson said.

Wayne High School students selected to be a part of the 2020 NMEA Nebraska All-State Chorus include:

First Year: Carter Hasemann, Christopher Woerdemann and Ethan Wibben.

Second Year: Brooklyn Bierbower, Jacob Kneifl and Ruben Vega.

Third Year: Treyton Blecke.

Fourth Year: Dylan Anderson and AJ Blickenstaff. These are Wayne High's first four Year All-State Chorus members.



(Photo by Sarah Lentz)

## WAED hosts Chamber Coffee

Luke Virgil, executive director of Wayne Area Economic Development, addressed guests at Wayne Chamber Coffee on Oct. 16. During coffee, Virgil and the rest of the WAED staff, including assistant director Irene Mock and events, marketing and tourism coordinator Abby Schademann, introduced themselves and talked about their favorite things about the job and what they do on their off time. Mytzy Rodriguez-Kufner, executive director of Wayne Community Housing Development Corporation and owner of Ekeko Blends, where the coffee was hosted, also introduced herself.

## FFA Events

From Page 3A

Sales includes fruit, meat & cheese, and an assortment of candy this year. Orders will be accepted until Wednesday, Nov. 11.

Proceeds from sales assist the chapter in paying for conference registrations, lodging, memberships, community service projects and various other expenses throughout the year.

To order, contact an FFA member, email Ms. Rasmussen at torasmu1@waynebluedevils.org, or call the school at (402) 375-3150

The chapter's local Leadership Night will be held Tuesday, Nov. 10.

Local Leadership Night is a night Wayne FFA hosts to celebrate the successes so far this year, give members who earned them their degrees and pins and provide members the opportunity to practice their presentations for Leadership Development Events contest, which is Wednesday, Nov. 18 in West Point.

Local Leadership Night will be held at the high school. Admission will be one non-perishable food item to help reach the chapter's goal of 500 items for Giving Thanksgiving.

"Giving Thanksgiving is held in the school to collect non-perishable food items for the food pantry and the students deliver them at a later date. Our goal is to collect 500 items this year," Eilers said.

## Wayne Council

From Page 1A

into the future use of the area.

Three ordinances dealing to parking were approved on final reading.

Ordinance 2020-11 deals with where trucks can be parked, Ordinance 2020-12 deals with the time any vehicles can be parked on East Second Street and Ordinance 2020-12 eliminates park-

ing on South Pearl Street near Clark Street.

All three ordinances have been discussed at length at previous meetings.

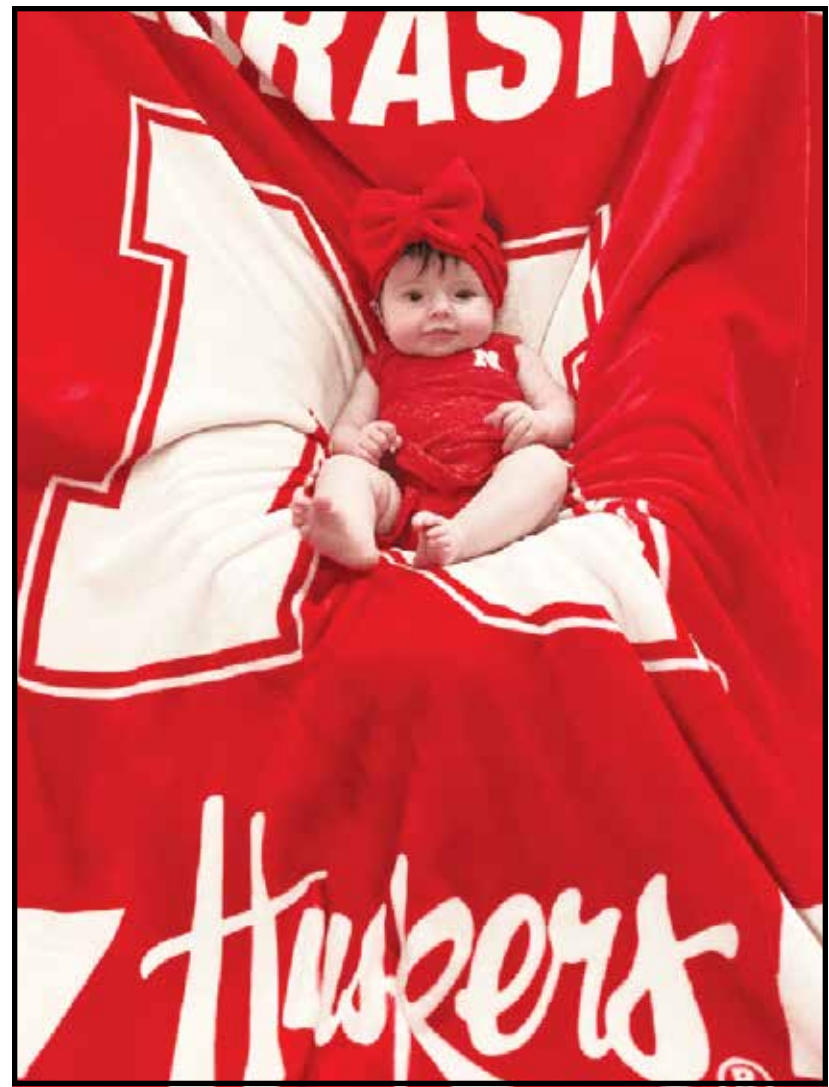
Tuesday's meeting began with the introduction of two new city employees.

Jon Mullen has been working in the water/wastewater department for several months. He introduced himself to the council

and described some of his experience and training for the job.

Steve Sherman has been hired to work in the street department. He is a Wayne High graduate and told the council of his experiences.

The Wayne City Council will next meet in regular session on Tuesday, Nov. 2 at 5:30 p.m. at the Wayne Community Activity Center.



(Contributed photo)

## (Pre) School Spirit

The winner of the Wayne Herald/Morning Shopper School Spirit photo contest was Tatum Burbach. Even though she's just three months old, Tatum is a proud member of the Husker Nation. The School Spirit contest was sponsored by Exhaust Pros Total Car Care, AquaPop, W.W. Galore, The 4th Jug, Pac 'N' Save and Two Mile Island Auto. Tatum won a prize package including items from AquaPop and W.W. Galore. To see more photos, visit mywaynews.com, or The Wayne Herald's Facebook, Instagram or Twitter accounts.

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## Wayne Area MEMBER SPOTLIGHT 10/19/2020



### Sports Club Motel

Who they are: Dawn and Jim Casey, owners  
What they offer: Nightly, weekly and monthly accommodations in a family owned motel.  
Where they are located: 900 E 7th Street

Check out the full videos online waynetworks.org and our social media



## Wayne Herald asking for photo submissions

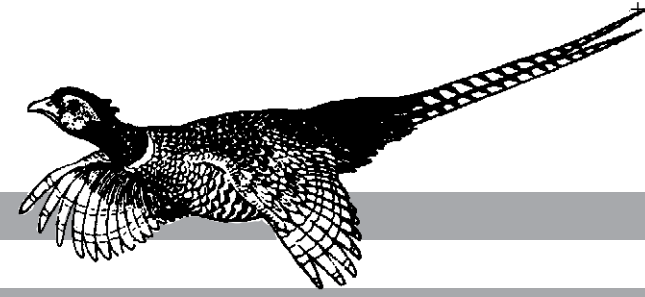
The Wayne Herald/Morning Shopper is looking for photographs to be included in their 2021 calendar.

"The theme of next year's calendar is one that is very near and dear to the hearts of many in our area - rural farm scenes," managing editor Sarah Lentz said.

Either color or black and white photos can be submitted with subject matter ranging from an old tractor, combines out in the field or from Wayne County's agricultural history.

Photos can either be submitted via email, sent to alyce@wayneherald.com or brought into the Wayne Herald office to be scanned.

For questions about submitting a calendar photo, contact The Wayne Herald at (402) 375-2600 or by contacting Alyce Henschke at alyce@wayneherald.com.



# Sports

## Wayne cross country sending three to state



(Photo by Mary Vanderbeek)

Jesus Zavala earned a trip to state with his finish at districts on Thursday.

The Wayne High cross country teams will send three individual runners to this week's State Cross Country Championships in Kearney.

Laura Hasemann will make her second trip to state after a fourth-place finish a year ago, and will be joined by Frantzie Barner, who is making her first trip to state. The duo finished seventh and 11th, respectively, in the C-2 district race Thursday in Albion.

"I told the girls on Wednesday they needed to mentally prepare starting now. They needed to start thinking positive, how much you love the sport, love competition, the cooler weather, a familiar course, and with your teammates," coach Courtney Maas said. "I told them to imagine crossing the finish like knowing you ran your heart out and left it all out there. They did exactly as I asked. They all left it all out there. I was impressed by each individual runner."

Maas hopes both her runners have a good day on the state course Friday.

Laura is a returning State medalist with placing fourth in Class C at State last year. I really hope she doesn't feel pressured with that, but to use it as motivation to just go out and do what she is capable of. Frantzie qualified for state this year as a freshman. I just want her to enjoy the experience and go run her race. Both Laura and Frantzie have potential to do well out in Kearney."

Also making his first trip to state is Jesus Zavala, who posted a sixth-place finish in the boys race to earn his first trip to state competition.

"I thought that the boys ran really well being that this is their third time at the course. We had some

kids that had some PR's and we had our first boys state qualifier since I've been coaching the Wayne boys cross country team," coach Terry Bear said. "I'm very proud of all our kids they did very well throughout the season and that the senior leadership was outstanding and I'm going miss the senior runners."

"As for state I think that Jesus Zavala has a really good opportunity to perform well he's one of the top runners and he has ran the course earlier in the year and knows what it's about and I am excited to see how he's going to do."

C-2 District  
Girls Team Standings (Top 3 to state)

Boone Central/Newman Grove 27, Pierce 35, Columbus Scotus 44, Wayne 66, Battle Creek 88, O'Neill 90, Logan View 110, Hartington-Newcastle 119, West Point-Beemer 149.

Area Results (Top 15 to state)  
WAYNE — 7. Laura Hasemann, 21:28; 11. Frantzie Barner, 21:51; 22. Andi Belt, 23:40; 26. Raegan Maas, 24:27; 34. Erin Avery, 25:24; 46. Maria Vergara, 29:36.

Boys Team Standings (Top 3 to state)

Pierce 34, Columbus Scotus 48, O'Neill 66, Boone Central/Newman Grove 70, Hartington-Newcastle 106, Wayne 109, West Point-Beemer 112, Battle Creek 133, Logan View 137, Columbus Lakeview 144, Madison 191, Winnebago 217.

Area Results (Top 15 to state)  
WAYNE — 6. Jesus Zavala, 17:28; 33. Alex Frank, 19:37; 34. Christopher Woerdemann, 19:41; 36. Calvin Starzl, 19:54; 41. Ethan McCraney, 20:21; 43. Treyton Blecke, 20:29.



(Photo by Mary Vanderbeek)

Frantzie Barner qualified for the state cross country meet after finishing 11th in the district race Thursday in Albion.

## YOUTH BOWLING

### Division 1 - Top Scorers

Scratch Game: Boys - Colston Starzl, 136; Trent Hays, 102; Dreu Jensen, 91.  
Scratch Series: Boys - Colston Starzl, 352; Dreu Jensen, 238; Tre cyn Ocampo, 174.  
Scratch Game: Girls - Andi Belt, 153; Stephanie Hasemann, 101; Chloe Kai, 87.  
Scratch Series: Girls - Andi Belt, 449; Stephanie Hasemann, 286; Chloe Kai, 222.

### Division 2 - Top Scorers

Scratch Game: Boys - Zane Sievers, 144; Taven Ocampo, 143; Dylan Jensen, 136.  
Scratch Series: Boys - Dylan Jensen, 358; Aiden Petersen, 368; Zane Sievers, 361.

Scratch Game: Girls - McKaeya Becker, 87.  
Scratch Series: Girls - McKaeya Becker, 225.

### Division 3 - Top Scorers

Scratch Game: Boys - Brogen Foote, 205; Shayne Geigner, 182; Tanner Sievers, 155.  
Scratch Series: Boys - Brogen Foote, 532; Tanner Sievers, 411; Shayne Geigner, 392.  
Scratch Game: Girls - Jersie Jensen, 137; Jamie Janke, 118.  
Scratch Series: Girls - Jersie Jensen, 363; Jamie Janke, 333.

### Splits:

Dylan Jensen, 7-9-10.

## BOWLING RESULTS

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	Hits	N Misses
	Week #6	
Cruise & Associates	18.5	5.5
State Nebraska Bank	16.5	7.5
Ruwe Farms	15	9
Wildcat Lanes	14	10
White Dog Pub	12	12
Gary's Food Town	11.5	12.5
Sterling Computer	7.5	16.5
Ghost Team	0	24

High Games and Series: Nikki McLagan, 212; Stefanie McLagan, 209; Sara Beth Ruwe, 182. Nikki McLagan, 527; Sara Beth Ruwe, 498; Candy Guill, 493; Angie Rath, 482.

### Tuesday City League

	Week #6	
Wildcat Cubs	16	8
Wayne Country Club	16	8
White Dog	16	8
Grossenburg Impl.	13	11

One Office	13	11
The Odd Balls	12	12
Half-Ton Club	11.5	12.5
Pin Pals	11	13
Harder & Ankeny	10	14
Wildcat Lanes	9	15
Klein Electric	8.5	15.5
BYE	8	16

High Games and Series: Wildcat Cubs, 884; Sam Wesely, 278. Wildcat Cubs, 2,425; Sam Wesely, 719; Dusty Baker, 635; Brad Jones, 631; Dave Dramse, 626; Dylan Sokol, 622; Brady Ping, 615; Brodie Ronspies, 600; Jessi Jensen, 579; Kayleen Roberts, 543.

High Scores: Brady Ping, 268; Brad Jones, 247; Dusty Baker, 244; Sam Wesely, 236; David Mellick, 234; Dylan Sokol, 234; Dave Dramse, 230; Darin Bargholz, 229; Brodie Ronspies, 227; Jessi Jensen, 225; Harrison Lane, 223; Tre Guill, 216; Kelly Hansen, 215; Jeremy Sebade, 212; Kayleen Roberts, 212; Mike Grosz, 211; Rich Rethwisch, 209; Kent Roberts, 202; Michael Denklauf, 200.

Splits: Keith Roberts, 3-6-7-10.



(Photo by Mary Vanderbeek)

Laura Hasemann will look to improve on last year's fourth-place finish at state after finishing seventh in districts to qualify for the second time.

## Blue Devils open conference tourney with win

The Wayne High volleyball team posted an easy straight-set win in the opening round of the Mid State Conference volleyball tournament Monday, beating Hartington CC 25-11, 25-9, 25-18.

Offensively, Lauren Pick recorded 17 kills, Kiara Krusemark added six and Emily Longe and Rubie Klausen each had three for the winners. Krusemark set up the offense with 24 assists.

Reagan Backer had four aces serves and Klausen added two. Pick had two blocks and Kate Hill and Klausen both had one. Pick led the defense with 15 digs, Sydney Redden had eight, Klausen had seven, Backer six, Krusemark five and Longe and Mady Sievers four apiece.

Tournament play continued Tuesday with the finals set for Thursday in Battle Creek.

## Wayne State football, soccer scrimmages set

Wayne State College athletics will host scrimmages for the Wildcat football and women's soccer teams on Thursday, Oct. 22 at Cunningham Field/Memorial Stadium in Wayne with football starting at 6 p.m. followed by women's soccer around 8 p.m.

The event is free and open to all Wildcat fans. A tailgate sponsored by Pac N Save starts at 5 p.m. and is \$5 (unless you are a Cat Club member at the Black Level or above).

Masks are required to attend and social distancing measures will be implemented at the event. Limited concessions will also be available at the event.

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# Winside falls to Wynot in regular-season finale

The Winside football team couldn't keep pace with Wynot and dropped a 46-20 decision in the final regular-season game for both teams.

Winside did all of their scoring in the final frame. Cayden Ellis returned a kickoff 77 yards for a touchdown and scored on a seven-yard pass from Gabe Escalante, who called his own number on a 3-yard run in the final period.

Escalante was 4-of-7 passing for 113 yards and ran 17 times for 85 yards in the game. Art Escalante was 2-of-5 for 27 yards and ran 11 times for 75 yards. Ellis caught three balls for 69 yards.

Defensively, Mason Topp led the



team with 18 tackles and Ellis had 10, while the Escalante brothers each had eight.

Winside and Wynot will meet again in the first round of the playoffs, set for 6 p.m. Thursday in Wynot.



(Photo by Michael Carnes)

Allen's Kobe Kumm runs around the left side during the Eagles' 53-6 win at Emerson-Hubbard Friday afternoon.

# Eagles finish regular season undefeated

The Allen Eagles finished the 2020 season undefeated at 6-0 with a 53-6 win at Emerson-Hubbard on Friday afternoon.

The Eagles had no problems moving the football, as they amassed 400 yards of total offense. After racing out to a 22-0 lead in the first period, on a Kobe Kumm eight-yard run and a pair of passes of 34 and 12 yards to Reed Hingst, Emerson-Hubbard struck on their lone score of the day, as Brock Mackling hit Anthony Lawrence for a 63 yard score. Emerson-Hubbard earned 79 yards on the day, and 63 came on one play. The stifling Eagle defense allowed only three first downs.

The Eagles held a 22-6 lead at the end of the first period and ex-

tended it to 37-6 intermission on an Anthony Isom 5-yard run paired with a Kobe Kumm 37-yard run.

The Eagles added a team safety early in the period, and followed one play later following an E-H free kick when Kobe Kumm hit Reed Hingst on a third touchdown pass of 34 yards. Joe Grone capped out a JV filled second half for both teams as he scamped in from six yards to leave the score at 53-6 at the end of the third period.



Defensively, Anthony Isom led tacklers with 11. Josh Olesen and Nate Oswald each drug down 8 Pirates.

Offensively, Anthony Isom toted the ball 20 times for 124 yards and a score, Kobe Kumm ran for 108 yards on 9 carries, and completed 5 of 7 passes for three touchdowns, all to Reed Hingst.

The win moves the Eagle season record to 6-0, and secured the district championship with a 4-0 mark in district play, as well as securing

a first round home playoff game Thursday with Johnson-Brock at 6 p.m.

"Our community, school, parents, fans should be proud of the season the team has put together, considering how it began and the challenges they faced," coach Dave Uldrich said. "Now, it is the time of the year where everything is on the line, and the coaches believe that our team will rise up, accept the challenges and compete at a very high level. Our seniors have been tremendously good leaders for the younger players, and that is why we are where we currently are. Congratulations on the season thus far team!"

# LHNE defense silences Bears attack

The Lutheran High Northeast defense made several key stops to keep the LCC Bears away from the end zone enough to come away with a 16-8 win last Thursday in Norfolk.

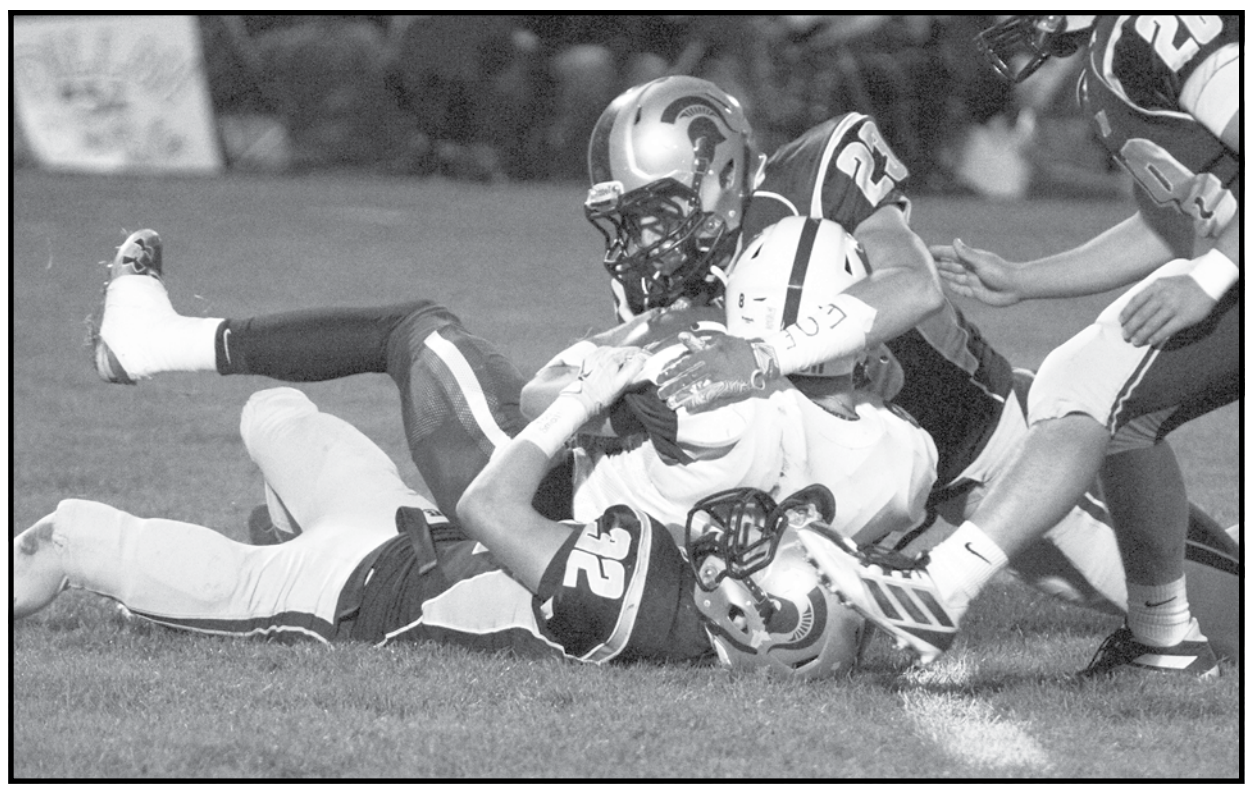
The game started out as if it would be a high-scoring affair as LHNE sandwiched scores around a 3-yard touchdown run by Evan Haisch to make it 16-8.

That's how the scoreboard would read at the end of the night as both defenses did a fantastic job shutting down their opponent. LCC had a couple of chances to score in the fourth quarter, but were turned away by the Eagles defense.

Haisch finished with an even 100 yards in rushing on 28 attempts. Deagan Puppe caught three balls for 54 yards and Cael Hartung had two catches for 35 yards. Evan Schmitt was 5-of-13 passing for 54 yards.

Nolan Ohlrich led the defense with 17 total tackles and Seth Ehlers had 12.

The 5-3 Bears enter the playoffs with a road contest Thursday at Thayer Central in Hebron.



(Photo by Michael Carnes)

Two Trojans bring down a Hartington-Newcastle back in the backfield during the Trojans' 64-41 win over the Wildcats to close out the regular season.

# Wakefield completes undefeated season

The Wakefield Trojans left little doubt as to its hopes of an undefeated season, scoring early and often in a 64-41 win over Hartington-Newcastle to close out a perfect 7-0 season.

The Trojans were without Jus-

tin Erb and lost Blake Brown early in the game, but Logan Bokemper, Riley Sudbeck and Cade Johnson made up for it and helped the Trojans score 38 first-quarter points on their way to a 50-22 halftime advantage.

"We got a fast start behind our offensive line and put the game away early," coach Mike Hassler said. "Logan Bokemper had a huge game for us for the second straight week. Logan really stepped up and filled the void that was created when our two top rushers got banged up. He has great vision, reads his blocks well, and when he gets in the open field he has another gear. We also got nice contributions from Gabe Lamprecht and Cade Johnson who

also had to step into expanded roles."

Wakefield used plenty of big gains to build their big lead early, scoring all six touchdowns on plays of 40 or more yards. Bokemper had runs of 44 and 46 yards, Blake Brown ran one in from 45 yards out and Cade Johnson had a 48-yard gallop for a score.

The Wakefield defense more than held their own, Hassler said.

"We had some guys making their first starts and others playing a new position for the first time. All in all I thought we handled it fairly well, there were a few hiccups but that was to be expected. I was real happy

See Trojan Football, Page 3B

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November 3, 2020

DATES TO REMEMBER FOR EARLY VOTERS

**October 23** Last day to request a mail-in ballot

**October 27** USPS recommendation date if you are returning your mail-in ballot by mail

**November 3** Mail-in ballots have to be returned by close of polls

The polls will be open November 3rd

8:00 am (CST) - 8:00pm (CST)

7:00 am (MST) - 7:00 pm (MST)

3 WAYS TO RETURN MAIL-IN BALLOTS

- > By mail
- > Drop box located outside each Election Office
- > Drop it off in person at your county election office

Every polling site will receive kits to protect poll workers. Social distancing standards will apply.

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★ State Treasurer John Murante	★ U.S. Congressman Don Bacon
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## Dwaine Spieker

City Council  
Ward 3

- Twenty-year resident of Wayne
- Veteran teacher and coach
- Political moderate

Paid for by Dwaine Spieker, 1100 Sunset Drive, Wayne, NE 68787



(Photo by Michael Carnes)

Tri County Northeast's Brianna Bousquet (2) blocks a Wynot attack during action in the conference tournament Monday night.

## Wolfpack reaches L&C Elite Eight

The Tri County Northeast volleyball team put a nice winning streak together before falling in the quarterfinals of the Lewis & Clark Conference tournament.

TCNE started with a triangular sweep of Hartington-Newcastle (25-23, 25-15) and Winside (25-17, 22-25, 25-23) and beat Wakefield (23-25, 25-18, 25-15, 25-17) to close out the regular season.

Jordyn Carr and Alli Jackson both had 10 kills and Jazmin Delatorre added four in the win over H-N, with Carly Dickens picking up 22 assists. Against Winside, Jackson had 19 kills and Carr had 16 with Dickens recording 35 assists.

In the win over Wakefield, Jackson had 25 kills

and Carr added 17, with Dickens putting up 42 assists.

TCNE beat Winnebago 25-14, 25-12 and outlasted Homer 25-12, 25-21 to win their pool on Saturday in the conference tournament. Carr had nine kills, Jackson added six and Brianna Bousquet had three in the win over Winnebago. Against Homer, Carr had 11 kills, Jackson had five and Bousquet added three.

The Wolfpack's winning string ended in the quarterfinals of the conference tournament on Monday in Ponca, falling to Wynot 25-19, 25-21. They also lost to Wausa in consolation play, 23-25, 25-17, 25-17. Statistics were not available at press time.

## Trojan Football

From Page 2B

with the work done up front by Rylan Weaver, Gio Salcedo, Nick Arenas, and Couy Johnson. They got consistent pressure the entire night and really helped us get out to that early lead."

Bokemper finished with 165 yards on 12 carries, Johnson had 83 on 14 tries and Brown had 76 on three carries before leaving with an injury.

Defensively, Nick Arenas had 16 tackles and four sacks, Ryal Weaver had 15 tackles and two blocked kicks, Couy Johnson had 13 tackles and Gabe Lamprecht had 10 tackles and returned a fumble for a score.

Although the Trojans can't go to the playoffs, Hassler said he was proud of the team's effort this season.

"To have 11 boys stay with a program for four years speaks loads

about this group. Some contributed early on and others took four years of hard work to find their place and role on this team. The wins, district titles, and records are nice, but it will be all the things these young men did behind the scenes that I will remember them for. They were a group that fought for each other on the field and they made my job a joy every day after school. The only disappointment I have is that it's all over."

## Blue Devils lock up playoff spot with road win

The Wayne High football team erupted for four third-quarter touchdowns to lock up a playoff bid and move to 6-2 on the season with a 42-7 win Friday at O'Neill.

The Blue Devils led 14-7 at the half and started their big third quarter on the opening kickoff, as Alex Phelps took the second-half kickoff 91 yards for a touchdown. Reid Korth scored two of his three rushing touchdowns in the period and Brandon Bartos added a scoring run to highlight the 28-point third-quarter surge.

Korth ran for 147 yards on 16 carries with three scores for the 6-2 Blue Devils. Layne Evans ran seven times for 48 yards, Victor Kniesche had six carries for 35 yards and caught a touchdown pass from Tanner Walling, Reece Jaqua ran



once for 31 yards, Bartos had two carries for 25 yards and Eli Barner had one carry for 15 yards.

Defensively Kniesche had 10 tackles, Korth had nine, Daniel Judd had eight and Mason Frevert had seven.

Wayne closes out the regular season at home Friday with a district matchup against Pierce.

Wayne 6 8 28 0 -42  
O'Neill 0 7 0 0 -7

Scoring Summary  
WAYNE — Reid Korth 3 run (kick failed)  
WAYNE — Victor Kniesche 22 pass from Tanner Walling (Walling run)  
O'NEILL — 25 yard pass (kick good)  
WAYNE — Alex Phelps 91 kickoff return (Yair Alcantara kick)  
WAYNE — Korth 8 run (Alcantara kick)  
WAYNE — Brandon Bartos 6 run (Alcantara kick)  
WAYNE — Korth 53 run (Alcantara kick)

## Three area teams make eight-man playoffs

Three area schools will be extending their seasons in football this year as playoff brackets for the two eight-man classes were announced by the NSAA.

In Class D-1, Laurel-Concord-Coleridge (5-3) earned the No. 11 seed in the East bracket and will go on the road to face Thayer Central (6-2) in the first round Thursday at Hebron. Wakefield finished the season 7-0 but was not eligible to compete in the playoffs due to enrollment figures.

In Class D-2, both Allen and Winside are in the playoffs. Allen (6-0) is the No. 4 seed in the East bracket and will host Johnson-Brock (3-5) in a Thursday matchup. Winside (5-3) will have a rematch with Wynot (5-1) in a matchup of the No. 3 and No. 14 seeds Thursday in Wynot.

The D-1 and D-2 brackets are as follows:

### Class D-1

#### East Division

- No. 16 Southern (3-4) at No. 1 Tri County (7-0)
- No. 9 Lourdes CC (5-2) at No. 8 Humphrey/LHF (4-2)
- No. 12 Freeman (5-2) at No. 5 Weeping Water (6-1)
- No. 13 Elmwood-Murdock (5-3) at No. 4 Lutheran High NE (7-1)
- No. 14 EMF (4-3) at No. 3 Stanton (6-1)
- No. 11 Laurel-Concord-Coleridge (5-3) at No. 6 Thayer Central (6-2)
- No. 10 Howells-Dodge (6-2) at No. 7 Guardian Angels CC (3-4)
- No. 15 Clarkson/Leigh (4-4) at No. 2 Cross County (8-0)

#### West Division

- No. 16 North Central (4-4) at No. 1 Burwell (8-0)
- No. 9 Arcadia-Loup City (5-3) at No. 8 Amherst (5-3)
- No. 12 Hemingford (6-2) at No. 5 Nebraska Christian (4-2)
- No. 13 Hitchcock County (6-2) at No. 4 Elm

Creek (7-1)

No. 14 Elkhorn Valley (5-3) at No. 3 Neligh-Oakdale (7-1)

No. 11 Southern Valley (5-3) at No. 6 Hi-Line (4-3)

No. 10 Cambridge (3-3) at No. 7 Suterland (5-3)

No. 15 Anselmo-Merna (4-4) at No. 2 Dundy County-Stratton (7-0)

### Class D-2

#### East Division

No. 16 Fullerton (2-4) at No. 1 Falls City Sacred Heart (6-1)

No. 9 Creighton (6-2) at No. 8 Osmond (5-2)

No. 12 Niobrara/Verdigre (2-3) at No. 5 Humphrey St. Francis (7-1)

No. 13 Johnson-Brock (3-5) at No. 4 Allen (6-0)

No. 14 Winside (5-3) at No. 3 Wynot (5-1)

No. 11 Pender (5-3) at No. 6 Osceola (7-0)

No. 10 Mead (4-4) at No. 7 Bloomfield (4-3)

No. 15 Elgin/Pope John (3-5) at No. 2 BDS (7-0)

#### West Division

No. 16 Blue Hill (1-6) vs. No. 1 Central Valley

(6-0)

No. 9 Medicine Valley (7-1) at No. 8 Garden

County (6-2)

No. 12 Leyton (5-3) at No. 5 Loomis (7-1)

No. 13 Palmer (3-5) at No. 4 Kenesaw (6-1)

No. 14 Sandhills Valley (4-4) at No. 3 St. Mary's

(8-0)

No. 11 Mullen (6-2) at No. 6 Pleasanton (7-1)

No. 10 Ansley-Litchfield (5-3) at No. 7 Riverside

(3-3)

No. 15 Axtell (3-5) at No. 2 Sandhills/Theford

(8-0)

# Congratulations to the Wayne High Cross Country Team on a Great Season!



**Good Luck at the State Competition!**

**•Frantzie Barner**

**•Jesus Zavala**

**•Laura Hasemann**

**Coaches:**

**•Terry Bearir**  
**•Courtney Maas**  
**•Kent Pulfer**

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# Winside, LCC, run in district competition

PENDER — Area runners ran well, but were not able to finish high enough to qualify for state during Thursday's D-2 district meet at Twin Creeks Golf Club in Pender.

The Laurel-Concord-Coleridge boys finished sixth in the team race, led by Dillon Olson's 21st place time of 19:06.62. The top 15 individuals qualified for the state tournament.

Also running for LCC were Tyler Olson (32nd), Matthew Nelson (37th), Trevin Boysen (47th) and Elijah Griffith (58th).

Winside's Tyler Carlson led the

Wildcat runners with a 25th place finish, while teammate Toby Heinemann was 50th.

In girls action, Kate Rose led the LCC girls with a 24th place finish and teammates Kaylee Donner (26th) and Gabriella Kock (29th) also competed.

D-2 District Girls Team Standings (Top 3 to state)

Crofton 17, Norfolk Catholic 17, Wisner-Pilger 27, Oakland-Craig 32.

Area Results (Top 15 to state)

LCC — 24. Katie Rose, 25:43.74;

26. Kaylee Donner, 26:10.33; 29. Gabriella Kock, 27:51.40.

Boys Team Standings (Top 3 to state)

Norfolk Catholic 14, B-R/L-D 42, Crofton 45, Humphrey St. Francis 50, Wisner-Pilger 52, Stanton 60, LCC 82, Ponca 85, Pender 98.

Area Results (Top 15 to state)

WINSIDE — 25. Tyler Carlson, 19:39.58; 50. Toby Heinemann, 21:45.50.

LCC — 21. Dillon Olson, 19:06.62; 32. Tyler Olson, 20:16.78; 37. Matthew Nelson, 20:31.52; 47. Trevin Boysen, 21:26.33; 58. Elijah Griffith, 23:44.62.



(Photo by Michael Carnes)

Winside's Toby Heinemann makes his way down the home stretch during district action.



(Photo by Michael Carnes)

Katie Rose makes her way around the course during district action in Pender. She finished 24th in the girls race.



(Photo by Michael Carnes)

Dillon Olson of LCC was the lead Bears runner, coming home in 21st place at districts.

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## Winside fourth in conference tourney

The Winside volleyball team brought home fourth-place honors in the Lewis & Clark Conference volleyball tournament.

The Wildcats were one of the top four seeds in the tournament and got a bye through to the quarterfinals, where they handled Hartington-Newcastle 25-19, 25-21.

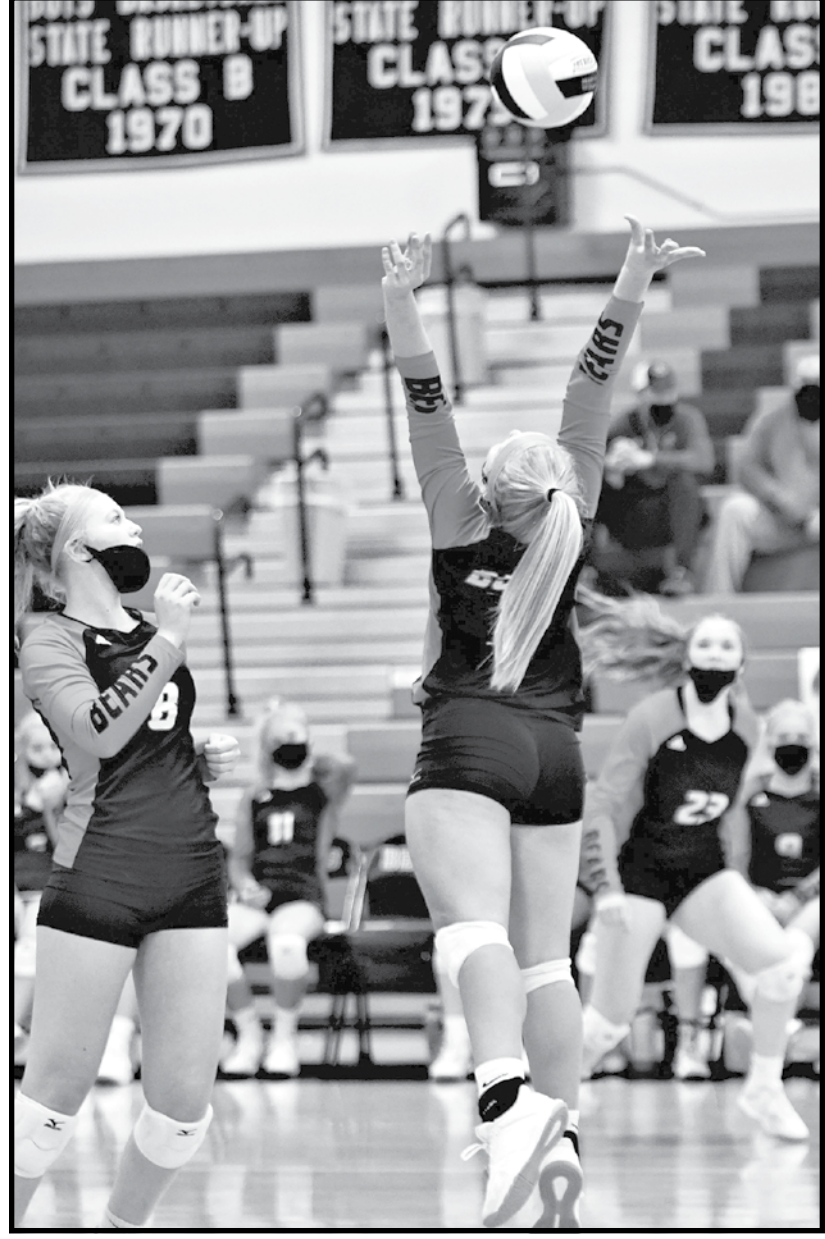
Kati Topp had 10 kills and Hope Cummins added six to lead the way. Brooklyn Behmer had 12 assists and McKenna Russell added seven. Topp had four blocks while Jaden Rastede added three.

Defensively, Cummins, Jackie Escalante and Ashelyn Abler each had five digs while Behmer and Micah Stenwall had four apiece.

In the semifinals, the Lady Wildcats dropped a three-set decision to

Laurel-Concord-Coleridge, losing 25-18, 25-22, 25-20. Behmer had eight kills and Cummins and Topp each had seven. Behmer recorded 15 assists while Russell had 11. Topp had five blocks and Behmer had three ace serves. Behmer led the defense with 15 digs while Cummins and Escalante had 10 apiece and Russell picked up eight.

In Tuesday's consolation game, Winside lost to Wynot in straight sets, 25-13, 25-20. Cummins had four kills while Behmer and Topp had three apiece. Russell had five assists while Behmer had four, and Rastede had three blocks. Abler had three ace serves, while Cummins led in digs with eight followed by Behmer and Russell with five apiece.



(Photo by Mary Vanderbeek)

The LCC Lady Bears played their way into the finals of the Lewis & Clark Conference tournament Monday night, beating Randolph and Winside to advance to the finals against Ponca.

## Lady Bears make their way to L&C final

The LCC Lady Bears split two matches last week before winning their pool in the Lewis & Clark Conference tournament on Saturday.

On Tuesday, the Lady Bears fell to Hartington Cedar Catholic 25-15, 25-20, 25-20. Berniece McCorkindale had seven kills and Mollie Schutte added five for the Lady Bears. Haley Christensen had 12 assists. Reggan Kuhlman and Schutte each had three ace serves and Paige Cook and Malory Eriksen had two apiece. Defensively, Eriksen had eight digs, Cook had seven, McCorkindale had six, Christensen had five and Ella Hartung had three.

On Thursday, LCC rebounded

for a 25-11, 25-13, 25-19 win over Winnebago. Kinsey Hall had seven kills, Erica Benson added six and Schutte had five. Hall had 18 assists. Christensen recorded seven ace serves, Hall added three and Jordynn Urwiler had two. Defensively, Hall had nine digs, Christensen had eight and Urwiler had five.

LCC advanced to the finals of the L&C Conference tournament after winning their pool on Saturday, defeating Bloomfield (25-12, 21-25, 25-13) and Osmond (25-23, 25-23); and winning matches over Randolph (25-20, 25-11) and Winside (25-18, 25-22, 25-20). Statistics were not available at press time.



(Photo by Mary Vanderbeek)

Brooklyn Behmer goes up for an attack for Winside during Lewis & Clark Conference tournament action.

# Legal Notices

NOTICE OF HEARING TO AMEND THE BUDGET For Wayne County Agricultural Society

PUBLIC NOTICE is hereby given, in compliance with the provisions of State Statute Section 13-511, that the governing body will meet on the 29 day of October, 2020, at 8:00 PM, o'clock at The Fair Office for the purpose of hearing support, opposition, criticism, suggestions or observations of taxpayers relating to amending the budget which was originally adopted on the 10 day of September, 2020. Due to unforeseen circumstances, actual expenditures for the current fiscal year will exceed budgeted expenditures unless the current fiscal year budget of expenditures is revised. (State reasons why amending budget). The originally adopted budget of expenditures cannot be reduced during the remainder of the current fiscal year to meet the need for additional money because (state reasons). The budget detail is available at the office of the Clerk during regular business hours.

*Jane Prober, Sec.*  
Clerk/Secretary

Summary of Proposed Revised Budget

2018-2019 Actual Disbursements & Transfers	\$ 353,321.03
2019-2020 Actual/Estimated Disbursements & Transfers	\$ 96,520.56
2020-2021 Proposed Budget of Disbursements & Transfers	\$ 399,800.00
2020-2021 Necessary Cash Reserve	\$ 12,753.06
2020-2021 Total Resources Available	\$ 412,553.06
Total 2020-2021 Personal & Real Property Tax Requirement	\$ 90,000.00
Unused Budget Authority Created for Next Year	\$ 48.70

Breakdown of Property Tax:

Personal and Real Property Tax Required for Bonds	\$ 90,000.00
Personal and Real Property Tax Required for All Other Purposes	\$

Summary of Originally Adopted Budget

2018-2019 Actual Disbursements & Transfers	\$ 342,613.53
2019-2020 Actual/Estimated Disbursements & Transfers	\$ 96,520.56
2020-2021 Proposed Budget of Disbursements & Transfers	\$ 354,800.00
2020-2021 Necessary Cash Reserve	\$ 67,788.91
2020-2021 Total Resources Available	\$ 422,588.91
Total 2020-2021 Personal & Real Property Tax Requirement	\$ 90,000.00
Unused Budget Authority Created for Next Year	\$ 4,848.70

Breakdown of Property Tax:

Personal and Real Property Tax Required for Bonds	\$ 90,000.00
Personal and Real Property Tax Required for All Other Purposes	\$

Additional Monetary Requirements

Fund	Purpose	Amount
Capital Improvements	Repairs	\$ 45,000
		\$
		\$


**PATTI GUBBELS**

State Board of Education District 3

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- Local School Board Member
- Educational Psychology Degree
- Longtime Northeast Nebraska Resident

Paid for by Patti Gubbels For State School Board Committee  
1403 Charolais Drive Norfolk, NE 68701

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Elect

**NICK MUIR**  
WAYNE CITY COUNCIL

Wayne City Council • Ward 4

Experienced \* Devoted \* Progressive

Paid for by Nick Muir - 1421 Grainland Rd - Wayne NE 68787

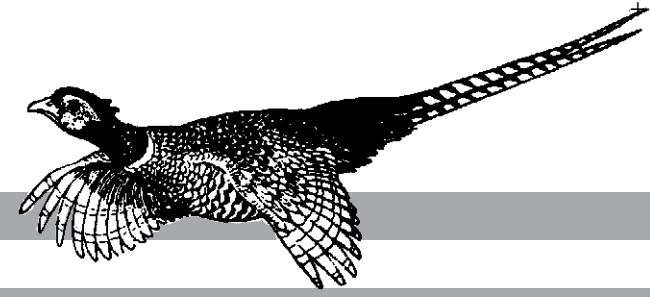












Opinion

MIKE'S MIMIC

Let's party

By MIKE RENNING mikesportshome@yahoo.com

When you get my age "let's party" may mean a lot of things.

In the past, I have been involved at parties at graduations, birthdays, weddings, births themselves, living through the day - you get the picture.

Good heavens, I've been witness to a party or two at funerals.

What is the difference between a "shower" and flat-party?

These days, we have a couple of bridal showers per wedding, a baby shower or two per baby and a bachelorette party or two before the actual nuptials.

Not sure what nuptials are, I assume it means you said or will say, "I do."

Let's get back to the other parties. I'm all for welcoming a new baby into the world, I'm all for welcoming a new couple into the world, but why do we need a gender reveal and why do we need a diaper keg?

Diaper keg is a relatively new one. People show up and bring diapers and wipes while everyone not pregnant drinks a lot of adult beverages.

I believe it is designed for people my age to go to a shower? I have never been to a shower unless I'm taking one, which I do every day...most of the time.

Why in the world would I go to a baby shower, bridal shower or diaper keg? My daughter Mikenzie and my current favorite son-in-law Zach had a gender reveal party/shower this past weekend.

I called Zach my current favorite son-in-law because the event was held at a golf course, which was actually booked by my other son-in-law Bryce - perfect idea for a guy like me.

No, the reason Zach is the current front-runner, my son, Max and I played in a golf tournament the following day and tied for first.

It was a three-person scramble, which means everybody on the team hits the ball and the entire team then hits from where the best shot landed.

With Max and Zach on my team,



I spent a lot of time picking up my ball, riding in the cart and moving my ball to one of their shots.

Anyway, the golf course in Auburn seemed the perfect fit for the celebration - until a couple of things became quite clear;

The Darling Wife and I have five grandchildren out of the womb - the youngest being Moxley.

As of the gender reveal, all five are mobile albeit Moxley is just crawling. When the other four were released from their car seats upon arrival, Lily, Sophia, Hogan and Boe took off in exactly 23 different directions.

I quickly learned I would be in charge of Moxley.

The second thing I discovered during the festivities was simple.

As I was "chasing" little Moxley (who is honestly far from little) around the club house, I recalled the last time the entire family was gathered in the same location - in fact the previous two family gatherings.

That's right, funerals. Our kids have cycled out of the marriage cycle, so I guess a good gender reveal isn't a bad thing after all.

And by the way, Zach smacked a golf ball and a bunch blue powder flew into the air.

And we're awaiting word from Max and Chelsea up in Valentine as we'll be adding a Grandson and a "to be determined" in March.

Well, technically the little bundle has been determined - just not revealed.

Capitol View

Casino gambling, regulation and distribution of funds on ballot

By J.L. SCHMIDT Statehouse Correspondent The Nebraska Press Association

Three ballot issues from the initiative petition process cover casino gambling at licensed Nebraska horserace tracks, the regulation and taxation of that activity and the distribution of the proceeds.

It took a ruling from the Nebraska Supreme Court to clear the measures for the ballot. It'll take a minute to grasp the domino effect of the three-part proposal.

Together, Initiatives 429, 430, and 431 would allow, authorize and regulate, and tax gambling at licensed racetracks.

Nebraska Initiative 429 would add a new Section 24 to Article III of the state constitution to exempt laws authorizing gambling at licensed racetracks from the state's constitutional prohibition on gambling.

Legislative Update Election Day approaches for Dist. 17

The Nebraska Manufacturing Industry Database has some news that includes mention of industry and businesses in District 17. Residents, farmers and ranchers in all of rural Nebraska realize that food products are a large and important part of our state's employment and economy.

Dakota County: In-person: Early voting is taking place up until Nov. 2, at the County Clerk/Election Office, 1601 Broadway, Dakota City.

Election Day, Nov. 3. In-person voting will be available in the 13 precincts located throughout the county. Vote-by-mail ballots cannot be received at these locations.

Vote-by-mail: Registered voters were sent cards by the Secretary of State inviting them to request a vote-by-mail ballot if desired. An estimated 2,121 ballots have been requested and sent out to date.

It is important to note that if a voter has received a vote-by-mail ballot, it cannot be turned in at a voter precinct! Also, ballots must be received in the Election Commissioner's Office no later than 8 p.m. on Election Day Nov. 3.

Oct. 23 is the last date these can be requested and sent out to voters.

Three options for returning vote-by-mail ballots. After signing the outside of the envelope, voters can:

Returned by mail. It is recommended that this be done as early as possible to allow timely delivery. If sent by mail, ballots must be received at the Election Commissioner's Office no later than 8 p.m. on Election Day Nov. 3.

Deposit in drop box in front of the courthouse at 1601 Broadway.

Revenue raised from the lottery is allocated to the Compulsive Gamblers Assistance Fund, the Nebraska Environmental Trust Fund, the Nebraska State Fair Board, and the legislature to fund education.

Gambling in some form is legal in 48 of the 50 states, with Utah and Hawaii completely banning it. Twenty-five states have legalized commercial gaming and 30 states have authorized tribal casinos.

Three states will be voting on measures concerning gambling. Colorado would allow local jurisdictions where gambling is legal to approve a maximum single bet limit of any amount and expand allowable game types in addition to slot machines, blackjack, poker, roulette, and craps.

Maryland would authorize sports and events wagering at certain licensed facilities with state revenue intended to fund public education. A South Dakota constitutional amendment would authorize the South Dakota State Legislature to legalize sports betting within the city limits of Deadwood.

A "yes" vote supports amending the Nebraska Constitution to allow laws to authorize, regulate, and tax gambling at licensed racetrack facilities in the state.

A "no" vote opposes amending the Nebraska Constitution to do those things and would maintain the state's prohibition against gambling at racetracks.

Nebraska Initiative 430 would authorize gambling at licensed racetracks with licensed gaming operators. It would establish the Nebraska Gaming Commission to enact rules to license gaming operators and regulate the gambling industry.



A "yes" vote supports enacting a law that authorizes gambling operations within licensed racetracks and establishes the Nebraska Gaming Commission to regulate gambling operations.

A "no" vote opposes enacting a law that authorizes gambling operations within licensed racetracks and establish the Nebraska Gaming Commission to regulate gambling operations.

Nebraska Initiative 431 would authorize the Nebraska Gaming Commission to collect a 20 percent tax on all gross gaming revenue generated within licensed racetracks. Gross gaming revenue is defined as the amount of money players gam-

ble minus the amount won, federal taxes, and any promotion gaming credits received from the operator and redeemed by the player.

The revenue from the tax would be allocated as follows:

- 2.5 percent to the Compulsive Gamblers Assistance Fund,
- 2.5 percent to the General Fund,

- 70 percent to the Property Tax Credit Cash Fund, and
- 25 percent to local jurisdictions where licensed racetracks operate.

The Nebraska Gaming Commission would be authorized to develop rules for reporting revenue from the tax, and gaming operators that do not comply would receive a maximum penalty of a Class IV misdemeanor.

A "yes" vote supports imposing the tax and distribution as outlined. A "no" vote opposes the tax on gross gambling revenue of licensed gaming operations.



Legislative Update By Joni Albrecht State Senator, District 17

Commissioner's office at (402) 375-2288 to request a duplicate be sent. Or, you can appear in person to pick up a duplicate at 515 Thorman in Wayne.

- Residents of the City of Wayne can vote by mail if a ballot has been requested and received.
- Three Options to return your vote-by-mail ballot. After signing the outside of the envelope:

1. Return by mail. It is recommended that this be done as early as possible to allow timely delivery. Ballots must be received in the Election Commissioner's office by 8 p.m. on Election Day.

2. Drop off in person at the Clerk's Office in the Courthouse at 510 Pearl St. by 8 p.m. Election Day, Nov. 3.

DISTRICT 17 COVID-19 BY THE NUMBERS

- Oct. 10 through Oct. 16: Dakota: +90 (2,457)
- Thurston: +15 (350)
- Wayne: +61 (314)

Due to the rising number of positive COVID-19 tests in Nebraska, on Oct. 16, Governor Ricketts announced a new Directed Health Measure (DHM) that goes into effect on Oct. 21 and imposes some restrictions related to stopping the spread of COVID-19 in Nebraska. Protecting the capacity of hospitals and other healthcare facilities to care for COVID-19 and other patients remains the priority. Therefore, under the new DHM, hospitals must maintain a ten percent cushion for beds in Intensive Care Units (ICU) in order to schedule elective surgeries and procedures.

The new DHM also returns to limiting restaurants and bars, currently able to operate at 75 percent capacity to pull back to 50 percent rated capacity, and limiting small groups at tables to eight persons or fewer.

As always, it is of great importance that I hear from my constituents to effectively do my job as your voice in the Legislature. I encourage you to contact me and I look forward to hearing from you. You can reach me by phone at (402) 471-2716 or by email at jalbrecht@leg.ne.gov

Letters

Nursing facility, assisted living workers unsung heroes

I want to share some good news about the response to COVID-19. This virus has turned our world upside down and much of the news coverage is negative, depressing and frightening. Healthcare workers on nursing facility and assisted living campuses have been asked to shoulder the responsibility to protect the most vulnerable, our elderly. They are the unsung heroes in this fight, who come to work every day because they are passionate about protecting their residents. They leave their families at home, don their masks, get their temperatures taken, and go into battle armed with a bottle of sanitizer.

They make a difference and significantly impact the lives of elders. They improvise to bring joy and laughter to residents who have not hugged family and friends for many months, they cry with residents and families when illness and death occurs, and they remain committed to protecting themselves and their families when they are off work so as to not contract the virus. They are warriors, fighting this battle for over 6 months with no near end in sight. An average person does not take on this kind of work, this requires a special person who is strong and committed. I am humbled by their valiant efforts every day.

This is heroic work, this is honorable work, this is impactful work, this is stressful work. If you know a health care worker, please take the time to say "thanks." Your words of encouragement are so meaningful when the news coverage is so disheartening. They are good news in the midst of this devastating virus.

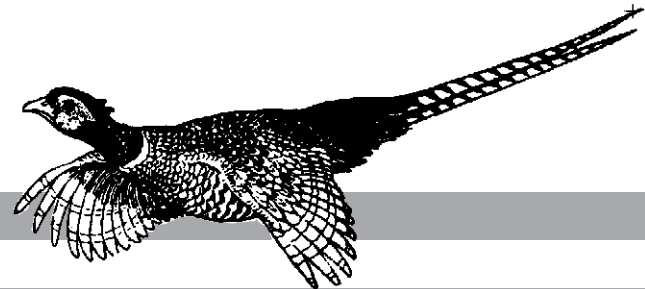
Russ Peterson CEO Nye Health Services

Letters Welcome

Letters from readers are welcome. They should be timely, brief (no longer than one type-written page, double spaced) and must contain no libelous statements. We reserve the right to edit or reject any letter. Letters published must have the author's name, address and telephone number. The author's name will be printed with the letter; the address and the telephone number will be necessary to confirm the author's signature. The Wayne Herald editorial staff writes all headlines.

The views expressed on this page are not necessarily that of this newspaper





# Faith

## Church Services

Note: Please contact your church for the latest updates on service times, activities and other worship opportunities available. Also, anyone with updated information about services is asked to contact the Wayne Herald (402) 375-2600.

### Wayne

BAHA'I FAITH

1002 West 2nd Ave. (402) 369-4227 or (402) 922-0314 Contact: Chris Tee Weixelman or Gary Weddel  
**Every Sunday:** Devotions, 10:30 a.m. - Open to all religions and spiritual convictions. Prayers from all faiths welcome. Investigate spiritual concepts and the relation of life and death.

**CALVARY BIBLE EVANGELICAL FREE**  
 502 Lincoln Street (402) 375-4946  
 website: www.cbefc.org  
 email: james@cbefc.org (James Seal, pastor)  
**Sunday:** Worship service, 10:30 a.m.; Sunday morning services also available through a livestream on Facebook. **Wednesday:** Fire Up! from 6:30 to 8 p.m.

**FAITH BAPTIST Independent - Fundamental**  
 208 E. Fourth St. - 375-3413 (Pastor Jim Scallions)  
**Sunday:** Sunday school, Worship, and evening worship suspended until further notice. **Wednesday:** Evening service suspended until further notice.

**FIRST BAPTIST**  
 400 Main St. 375-3608 (Douglas Shelton, pastor)  
**Sunday:** Sunday School, Adult and children's classes, 9:15 a.m.; Prayer and Fellowship, 10:15 a.m.; Worship, 10:30 a.m.

**FIRST PRESBYTERIAN**  
 216 West 3rd St. 375-2669 www.fpcwayne.org (Rev. Teresa Bartlett, pastor)  
**Thursday:** Pastor Teresa's column "Word in Faith" will be published in the Wayne Herald. **Sunday:** Worship at First Presbyterian Church and on Zoom, 10 a.m. (CDC guidelines will be followed, which includes masks, hand sanitizer and social distancing). **Monday:** Session meeting, 7 p.m.

**FIRST TRINITY LUTHERAN**  
 Altona, LC-MS 57741 847th Road, Wayne (Rev. Timothy Booth, pastor) (402) 640-5115 cell phone  
**Sunday:** Worship service at 8 a.m. at Faith Lutheran Church in Stanton; Worship Service at 9:30 a.m. at St. John's Lutheran Church in Pilger; Worship service at 11 a.m. at First Trinity Lutheran Church of Altona.

**FIRST UNITED METHODIST**  
 6th & Main St. Pastor Nick Baker, (402) 375-3321



The family of John Struve would like to invite you to celebrate his 80th birthday on October 29 with a surprise card shower. Please mail cards to 3000 W 30th Ct., Lawrence KS 66047. John enjoys his time with his grandchildren, gardening and viewing stars. John lived in Wayne from 1969-1987.

**Sunday:** Reformation Sunday. In-person Worship, 9 a.m.; Service broadcast via YouTube and American Broadband Channel 6. Fellowship via Zoom, 10 a.m.; Sunday School, 10:30 a.m. **Tuesday:** Faithful Fitness, 5:30 p.m.; Bound Together Book Club, 7 p.m. **Wednesday:** Girl Scouts, 3 p.m. **Wednesday:** Newsletter Inserting, 9 a.m.; Girl Scouts, 3 p.m. **Thursday:** Bible Study via Zoom with Communion, 9 a.m.; Faithful Fitness, 5:30 p.m. **Saturday:** Food Truck at Journey Christian Church, 9:30 a.m.

**GRACE LUTHERAN Missouri Synod**  
 904 Logan grace@gracewayne.com (402) 375-1905 (Pastor Michael Buchhorn) (Pastor Erik Christensen, associate pastor)  
**Sunday:** Worship with Communion, 8 and 10:30 a.m.; Bible Class, 9:15 a.m.; Sunday School, 9:15 a.m.; Sunday Night Supper, 7:30 p.m. Online worship opportunities also available. **Monday:** Choir, 6:15 p.m. **Wednesday:** Bible Study, 9 a.m.; Family Communion, 5:30 p.m.; Midweek, 6:30 p.m. **Sunday:** Worship, 8 and 10:30 a.m.; Bible Class, 9:15 a.m.; Sunday School, 9:15 a.m.

**JEHOVAH'S WITNESSES**  
 Phone 375-2631 or 375-3427 for information

**JOURNEY CHRISTIAN CHURCH**  
 1110 East 7th St. www.jccwayne.org 375-4743 (Troy Reynolds, minister)  
**Sunday:** Christians Hour on KTCH, 8:45 a.m.; In person Worship services, 9 and 10:30 a.m.; Online services will continue to be offered until further notice. Sunday School, 9 a.m. (mask wearing is optional).

**OUR SAVIOR LUTHERAN**  
 421 Pearl St. • 375-2899 oslc@oslcwayne.org  
 Transitional Pastor Jim Splitt Associate Transitional Pastor, Debra Valentine  
**Saturday:** Worship service canceled until further notice. **Sunday:** In person worship services at 10 a.m.; The service will also be broadcast on KTCH and TV and live video streamed on Facebook. **Monday - Friday:** All activities at the church are canceled until further notice.

**PRAISE ASSEMBLY OF GOD**  
 1000 East 10th St. 375-3430 Pastor Janell Norton, Interim pastor  
**Wednesday:** "No Limits Youth Ministry," 7 p.m.

**ST. MARY'S CATHOLIC**  
 412 East 8th St. (Fr. Jerry Connealy, pastor) (Fr. Jeff Mollner, associate pastor) 375-2000; fax: 375-5782; E-mail: parish@stmaryswayne.com  
**Thursday:** Pastoral Council, 6



Cherry (Gade, Johnson) Urwiler of Laurel, NE will be celebrating her 85th birthday on Oct. 27. Her family would like to request a card shower to celebrate! Address: PO Box 554, Laurel, Ne 68745.

p.m.; Adoration, 7 p.m.; Mass, 8 p.m.; WSC Community Night, 8:30 p.m. **Friday:** Mass, 8:15 a.m. **Saturday:** Virtual Pro-Life Conference, 9 a.m.; Confession, 5 p.m.; Mass, 6 p.m. **Sunday:** Mass, 8 and 10 a.m. Mass will continue to be livestreamed on YouTube; Last Sunday Supper, 3 p.m.; Mass, 7 p.m. **Monday:** Bible Study Group, Holy Family Hall, 1 p.m.; Adoration, 4:05 p.m.; Mass, 5:15 p.m.; Santa Maria Prayer Group, 6 p.m.; RCIA, rectory, 6:45 p.m. **Tuesday:** Mass, 5:15 p.m.; Parish Council meeting, 6 p.m. **Wednesday:** Adoration, 4 p.m.; Mass, 5:15 p.m.; WINGS, Holy Family Hall, 7 p.m. **Thursday:** Men's Study Group, 5:45 a.m.; Adoration, 7 p.m.; Mass, 8 p.m.; WSC Community Night, 8:30 p.m. **Friday:** Mass, 8:15 a.m. **Saturday:** Confession, 5 p.m.; Mass, 6 p.m.; Hispanic Meal, 7 p.m.

**Allen**  
**FIRST LUTHERAN (Vicar Deb Hammer)**  
 (402) 635-2461 502 S. Highway 9, Allen www.firstlutheranallen.com  
**Sunday:** Worship at First Lutheran Church, 8:30 a.m. Follow the service on Facebook.

**UNITED METHODIST (Pastor Cathy Cole)**  
**Sunday:** Worship service, 9 a.m. Service available on YouTube.com.

**Carroll**  
**ST. PAUL LUTHERAN (William Engebretsen, vacancy pastor)**  
**Sunday:** Twenty-first Sunday after Pentecost. Pastor available for communion at 7:30 a.m.; Worship with Communion, 8 a.m.

**UNITED METHODIST CHURCH**  
 202 Ericson Street, Carroll (Pastor Nick Baker)  
**Sunday:** Reformation Sunday. Sunday School, 10 a.m.; In-person Worship, 11 a.m.; The service will continue to be broadcast on Facebook Live, 11 a.m.

**Concord**  
**CONCORDIA LUTHERAN (Vicar Deb Hammer)**  
 (402) 584-2467 616 Iowa Street, Concord www.concordialutheranelca.com  
**Sunday:** Worship at Concordia Lutheran Church, 10:15 a.m.

**ST. PAUL LUTHERAN East of town (Pastor Willie Bertrand)**  
**Sunday:** Worship service, 8 a.m.

**EVANGELICAL FREE (Pastor Todd Thelen) (Pastor Scott Kahn)**  
**Sunday:** Sunday School, 9:30 a.m.; Worship service, 10:30 a.m. The service will be streamed live on Facebook; Axiom (Youth Group) meets at 6:30 p.m. **Wednesday:** AWANA, check-in, 6:45 p.m. with class from 7 to 8 p.m.

**Dixon**  
**ST. ANNE'S CATHOLIC (Fr. Jerry Connealy, pastor)**  
**Sunday:** Mass at St. Mary's in Laurel, 8 a.m.; Mass at St. Anne's in Dixon, 10 a.m.

**Fall Shopping Bazaar**  
**Saturday, Nov. 7 9:00 AM - 2:00 PM**  
**Laurel Auditorium**  
*Breakfast & Lunch Available On-Site*  
 Homemade Jams & Jellies  
 Art | Baked Goods | Tupperware | Toys  
 Handcrafted Items | Gifts | Scentsy  
 Boutique Clothing | Home Decor  
 Embroidery | Fresh-Roasted Coffee  
**Free Admission**  
**Raffle Drawing**

**Hoskins**  
**PEACE EVANGELICAL CHURCH (Pastor Clark Jenkinson)**  
**Sunday:** Sunday Worship, 10:30 a.m. Sunday School will start Sunday, Nov. 1 at 9:30 a.m.

**TRINITY EVANG LUTHERAN (Rodney Rixe, pastor)**  
**Sunday:** Worship service, 10 a.m. Services also available on the radio, TV and online at various times.

**Wakefield**  
**CHRISTIAN CHURCH**  
 3rd & Johnson, P.O. Box 550 email: WakefieldCC@Outlook.com  
 Contact - Melvin (Butch) Mortenson, (402) 369-1681  
 Pastor Kobey Mortenson  
**Sunday:** Christian Hour, KTCH, 8:45 a.m.; Worship Service suspended until further notice.

**EVANGELICAL COVENANT**  
 802 Winter St. e-mail: wakecov@msn.com  
 Jill Craig, Pastor  
**Sunday:** Morning Worship, 10 a.m.; Service also broadcast live on Facebook. **Wednesday:** Adult Bible Study canceled until further notice.

**IMMANUEL LUTHERAN**  
 4 North, 3 East of Wayne (Willie Bertrand, pastor)  
**Sunday:** Divine Worship, 9:30 a.m.

**PRESBYTERIAN**  
 216 West 3rd (Rev. Charity Potter, pastor)  
**Sunday:** Worship service in the basement, 11 a.m.; Available via Zoom also; Sunday School.

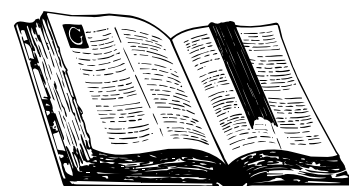
**ST. JOHN'S LUTHERAN**  
 West 7th & Maple (Willie Bertrand, pastor)  
**Sunday:** Morning Worship, 11 a.m.

**SALEM LUTHERAN**  
 411 Winter Street (Patti Meyer, Pastor)  
**Saturday:** Confirmand interviews, 10:30 a.m. and 12:30 p.m.; Worship in the church basement, in-person and Facebook Live, 5:30 p.m. **Sunday:** Reformation Sunday. Confirmation Sunday; Learning Hour, 9:30 a.m.; Sunday School, 9:30 to 10:15 a.m. (Note change in time from previous years); Worship service in the sanctuary, 10:30 a.m. Service will continue to be available on Facebook **Tuesday:** Quilters, 4 p.m. **Wednesday:** Youth Group. **Saturday:** Worship in the church basement, in-person and Facebook Live, 5:30 p.m. Food Pantry has resumed normal hours, open from 9 a.m. to 2 p.m. Please call in advance (402) 287-2681 to help us accommodate the distancing rules.

**Winside**  
**ST. PAUL'S LUTHERAN**  
 218 Miner St. (William Engebretsen, vacancy pastor)  
**Sunday:** Twenty-first Sunday after Pentecost. Communion offered from 9:20 a.m. to 10:10 a.m.; Divine Service, 10:30 a.m.; The service will also be live on Facebook at 10:30 a.m. and available any time after that. **Wednesday:** Bible Study live on Facebook or at the church, 7 p.m.



**TRINITY LUTHERAN (Parish Minister, Glenn Kietzmann)**  
**Sunday:** Sunday School, 9:30 a.m.; Contemporary Worship Service, 10:30 a.m.


**UNITED METHODIST**  
 207 Jones Street (Neil and Bridget Gately, Pastors)  
**Sunday:** Worship service available on Facebook at 10:55 a.m. **Wednesday:** Bible Study at 2 p.m. and 7 p.m., via ZOOM.



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 1200 Providence Road | Wayne, NE


**October 29<sup>th</sup> is World Stroke Day**  
**Would you recognize the most common signs of a stroke?**  
**F** **FACE DROOPING**  
 Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven or lopsided?  
**A** **ARM WEAKNESS**  
 Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?  
**S** **SPEECH**  
 Is their speech slurred? Is the person unable to speak or hard to understand?  
**T** **TIME TO CALL 9-1-1**  
 If the person shows any of these symptoms, even if the symptoms go away, call 911 and get them to the hospital immediately.  
  
 American Heart Association. Mission: Lifeline Stroke  
 www.stroke.org

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# We need to trust in God's unfailing love

The maple tree down the street from my house is putting on quite a show with its colorful orange foliage. The tree is consistently the first in the neighborhood to color and drop its leaves, marking the change from summer to fall. In a year filled with uncertainty and change, it was wonderful to see something so normal. I especially appreciated its consistency and beauty this year.

Since March many of the markers of times and seasons such as proms, graduations, camps, visiting family, worship and even vacations have been upended by COVID-19. We lament the changes in our lives, events that haven't happened, changes in how we socialize with each other and even how we worship.

It's not been easy to change our patterns and habits, learning to be cautious about a virus we can't see but which can be deadly. We lament the irregularity of our lives, the constant shifting and adapting, we desperately want to get back to normal.

In many ways we can identify with the author of Psalm 13 who wrote:

1 "How long, Lord? Will you forget me forever? How long will you hide your face from me? 2 How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me? 3 Look on me and answer, Lord my God. Give light to my eyes, or I will sleep in death, 4 and my enemy will say, "I have overcome him," and my foes will rejoice when I fall.

5 But I trust in your unfailing love; my heart rejoices in your salvation.

6 I will sing the Lord's praise, for he has been good to me."

Yes, we wrestle with our thoughts and grieve the changes in our lives, and we may even feel we've been abandoned by God. Frustrated as we are that we must curtail hugging and handshakes, wear masks and social distance, worship without singing, God has not abandoned

*A Word In Faith*  
By Teresa Bartlett  
Pastor, Wayne Presbyterian Church

us. Like the psalmist we need to reflect and remember God's presence with us. We need to trust in God's unfailing love and promise of salvation. Remember God's unfailing love and blessings during other hardships and dark times be-

cause it's often not until we reflect on those challenges that we can discern God's presence was indeed with us.

Unlike the summer season, this season of pandemic is not yet over. We pray for the success of scientists

and researchers for a vaccine and drugs to treat people. So, we wait, not as people without hope, remembering that even in times when we are frustrated that we are not left alone.

A good verse to memorize or put on the fridge in these days might be Deuteronomy 31:8; The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged." In a year of remarkable change, put your faith in the one who is unchangeable and eternally faithful, our Triune God.

*Word in Faith is a collaboration of Wayne Association of Congregations and Ministers (WACAM), an organization partially funded by the Wayne United Way.*

## Grace Lutheran Ladies Aid holds monthly meeting

Grace Lutheran Ladies Aid met Oct. 14 with nine members and Pastor Buchhorn present.

Pastor Buchhorn lead the Bible study entitled "From Fear To Faith—The Reformation Story". This Bible study lead us to turn to God's Word and the history books to learn about Martin Luther and the Protestant Reformation, and, especially about Jesus Christ and the value of the Reformation for our lives today.

President Rhonda Sebade open the business meeting by leading us in the LWML Pledge. Ellen Heinemann conducted a memorial tribute for Ladies Aid member, Phyllis Nolte, who passed away. She also gave a devotion entitled "Be Still and Know I Am God" based on Psalms 46:10.

The secretary's report was given and approved. The treasurer's report was filed for audit. The visiting committee reported sending

many birthday, sympathy and get-wells cards. The quilting group did not meet in September but plans to do so in October.

Bonnadell Koch will provide items of encouragement for the Confirmands. The Fall Rally in Winside has been cancelled due to the virus.

LWML Mission Grant #15 highlighted pre- and post-seminary training for local church workers in Africa. The spreading of God's Word of Salvation in Africa needs well-trained workers and pastors. Some villages are led by helpers and workers from local congregations and others by seminary trained and ordained pastors. Both groups are eager for opportunities to study theology in a community that enables them to better serve the congregations God has entrusted to their care.

In observance of LWML Sunday, Ellen and Rhonda visited with the

Sunday School classes and handed out fruit of the spirit coloring pages and LWML mite boxes for children. The money collected in these mite boxes will help pay for expenses and care of Comfort Dogs. Plans are being made to have a Comfort Dog visit the Sunday School group at a future date. The large Mite boxes were placed at both doors on LWML Sunday and \$274.92 was collected.

Several members from the LWML Evening Circle came to the meeting and a discussion took place concerning combining the two LWML groups. After positive dialogue, the Evening Circle officers will bring this up for discussion at their November meeting.

The birthday song was sung for LaVonne Biermann.

The next meeting will be Wednesday, Nov. 11.

The afternoon meeting closed with the Lord's Prayer.

## The Prairie Doc

# The psychology of smoking cessation

As a primary care physician, I commonly encounter patients who smoke cigarettes. Most people, including those who smoke, are aware of the long-term health risks posed by smoking. Of course, as a physician who cares about their current and future health, I want these patients to embrace the goal of smoking cessation. As someone who has never been a smoker myself, I admit I cannot fully understand the struggle of this task. However, the data suggest that quitting smoking can be extremely difficult. I find it helpful to understand some basic psychology when it comes to smoking cessation.

In the 1970s, a duo of scientists named Prochaska and Diclemente, after studying subjects who smoked and their likelihood of successfully quitting, developed the Transtheoretical Model of Stages of Change. This model is widely used today to assess readiness for change when



The Prairie Doc  
By Kelly Evans-Hullinger, MD

it comes to smoking and other lifestyle changes such as diet, exercise, alcohol, and other substance use. The following explains each stage

and how we can apply them to help with smoking cessation:

**Precontemplative stage:** A person has no intention of changing their behavior soon. In this case, I "plant the seed" by providing some basic education and encouraging the patient to think about it before the next visit. Pushing or forcing change at this stage is not likely to be fruitful.

**Contemplative stage:** A person is thinking about making a change, perhaps in the next six months, but they may not be ready for a definitive plan. I offer specific education about quitting and ensure follow up to help with planning when they are ready.

**Preparation stage:** A person is ready to implement change in the next 30 days. Time to cheer on my patient and set them up for success!

See Prairie Doc, Page 4C

## Dean Jacobs

From Page 1C

countries. He was born in Wahoo and spent his early years living on a farm. When he was five, his family moved to Fremont. He graduated from Wayne State College earning a degree in biology, with minors in Earth science and art. After graduating, he worked in the administration of Wayne State College as the assistant to the president before moving on to Purina Mills. Eventually this path led him to Pfizer Pharmaceuticals, where he was employed in sales and marketing for 10 years. After a great deal of soul searching, he left the security of corporate America and decided to pursue other dreams. This was the beginning of a process that would lead to a traveling adventure that would initially span 22 1/2 months and cover 28 countries.

The event is sponsored by the Nebraska Delta chapter of Pi Gamma Mu, the international honor society in the social sciences. Find more information at pigammamu.org/ For more information contact Dr. Randy Bertolas at raberto1@wsc.edu or (402) 375-7018.

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# FFA members judge dairy, land throughout fall



(Contributed photo)

Wayne FFA members participated in a land judging contest in Pierce at the beginning of the month.

Wayne FFA members gained experience during two recent judging competitions - dairy judging and land judging.

Wayne FFA hosted District 3 Dairy Judging on Sept. 29.

FFA chapters competing were Arlington, Blair, Logan View, Lyons-Decatur Northeast, Mead, Oakland-Craig, Pender, Scribner-Snyder, Wayne, West Point and Wisner-Pilger. With 11 different schools participating, approximately 200 students competed in this year's competition with schools attending at staggered times.

"Thanks to Dwight Anderson for serving as the official judge. Thank you to the Fair Board as well for allowing us to use the fairgrounds for the contest. Thanks to Junck Dairy, MPM Farms, Temme Agribusiness, Sievers Farms, and Gililand Farms for bringing the dairy cattle to judge," said FFA Presi-

dent Emily Eilers.

"Dairy judging was a little different this year due to COVID-19, however, everyone seemed to be having a great time judging. I think everyone was just happy to be able to have the event this year. There were six classes of cattle to be judged from heifer calves to six year old cows. There were two question classes and a dairy knowledge test. This was a great opportunity for FFA members to compete and learn about the dairy industry," Eilers said.

The students judged animals in the following classes: heifer calves, dry cows, yearling heifers, older cows (6 year olds), younger cows

(2-3 year olds), and first calf heifers. The contest included judging the cows, as well as an industry knowledge test and questions on two classes.

Senior division includes juniors and seniors in high school while the junior division includes the freshmen and sophomores in high school.

Results from Wayne (purple, blue, red, white ribbons awarded):

**Senior Division**  
 Jamie Janke - purple; Mady Sievers - blue; Reagan Backer - red; Victor Kniesche - red; Kiara Krusemark - red; Mason Frevert - red;

See FFA, Page 5C

## Prairie Doc

From Page 3C

We might set a quit date together, consider referral to the Quitline, and discuss more specific strategies, including medication or nicotine replacement.

**Action stage:** This is the first six months of the big change, during which patients have a high risk of relapse. It is crucial that the patient check in often with me, their Quitline counselor, and other support people.

**Maintenance stage:** After the action stage, risk of relapse decreases but does not go away. I offer my patients a safe place to discuss their urge to smoke and encourage them to stay tobacco-free. If they do slip up, I remind them not to give up. I help them focus on the hard work they've already done and stay successful.

Quitting smoking can be difficult, but it is truly one of the best things a person can do for their long-term health. There is support out there, starting with your primary care provider. When you are ready, ask for help!

Kelly Evans-Hullinger, M.D. is part of The Prairie Doc team of physicians and currently practices internal medicine in Brookings, South Dakota. For free and easy access to the entire Prairie Doc library, visit prairiedoc.org and follow Prairie Doc on Facebook, featuring On Call with the Prairie Doc a medical Q&A show streamed most Thursdays at 7 p.m. central.

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- **Cooking accidents:** It can take mere seconds for grease splatters or an overheated pan or pot to cause a fire. Stay in the kitchen at all times when cooking.
- **Heaters:** Have furnaces and other heating appliances regularly inspected. Keep portable heaters away from anything that can burn, including curtains and furniture. Do not leave portable heaters running while you are sleeping or out of the home.
- **Smoking:** Smoking inside a home can lead to fires. Some people forget to extinguish the smoke or embers may fall, while butts may smoulder for hours before causing flames to form.
- **Washers and dryers:** Between 2010 and 2014, American fire departments responded to an estimated 15,970 home fires involving clothes dryers or washing machines each year. Mechanical or electrical failure or malfunction was involved in the vast majority of home fires involving washing machines. Failure to clean dryers also can cause fires to ignite.
- **Candles:** Candles can add ambiance to a room and are commonly used in decorations, but they also can be a fire hazard. Candles easily can be knocked over by children, pets and others. Do not leave candles lit and unattended.

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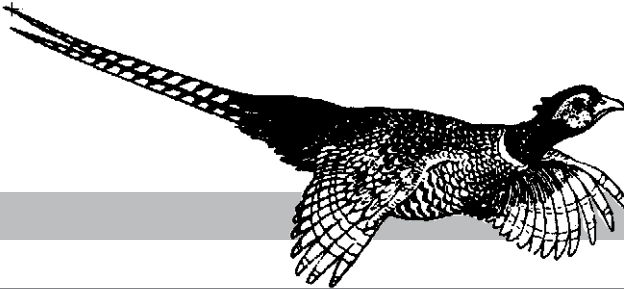
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## Enjoying old TV shows while recuperating

Well, since my activity is limited these days, I'm getting re-acquainted with the TV set. All these years, we had only one set, and since Mike's activity level declined gradually, he owned the remote.

He started with the Today show in the morning, then turned it off in favor of the daily World Herald. At noon, it was a Lincoln news station, followed by David Muir and World News Tonight.

After that, it was anyone's guess, especially with no sports. Often at 8 p.m. it was Quarantine Tonight, while he worked on a jigsaw puzzle.

So far, I've watched a lot of Hallmark movies! After all, no nudity, no profanity, and they end with a kiss. All month, it's been one big Harvest Festival,



**The Farmer's Wife**  
By: Pat Meierhenry

with pumpkins, straw bales,

and bunches, and bunches of fall flowers. There have also been hayrack rides, sometime with John Deere tractors, and others, with horses.

The most fun I've had is M\*A\*S\*H, a full hour of it, right after the news. I had forgotten how slap happy Trapper & Hawkeye were, how sweet Radar was, and how golf happy Colonel Blake was. And the funny outfits worn by Klinger are priceless.

I caught a funny episode of Bonanza called Hoss and the Leprechauns. I didn't know Bonanza was ever funny. And I did watch one Gunsmoke and one Gomer Pyle, a couple Andy Griffith and one Happy Days. They seem pretty simple these days. And we remembered how much Don Leighton looked like Mr. Cunn

ingham. Since I'm trying to get more than one viewpoint on the news, I watch a bit of CNN and a bit of FOX. Honestly, I prefer David Muir. I wish he had more than thirty minutes.

Then, when I turn to my favorite hobby, which is reading, I put on the channel with no commercials and only soothing photos, Music Choice.

I read two articles last week about the benefits of music on the brain, and my brain needs a lot of help. This channel is called Easy Listening, and it is: easy to listen to. Most of the songs are familiar, and I find myself humming along. I think I'll be glad when I can be more active again, and I can turn off the television.

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## Advice offered for fencing, water for beef cattle

By Steve Niemeyer  
Nebraska Extension Educator

The goal of any grazing operation is to introduce the cow or calf to forage in adequate quality and quantity for their needs.

A majority of cattle operations in Nebraska use pasture or native range for grazing during the growing season and crop residues or harvested purchased feed for the remainder of the year. Alternatives may include grazing cover crops in the production of traditional commodity crops, irrigation of grazed forages, and introduction of grasses into existing crop rotation and crop residues.

Basic grazing infrastructure for



livestock includes fencing, water, and a method of controlling grazing activity. Development in fencing and water systems have greatly improved capabilities to manage cattle and forage for controlled grazing.

New technologies in electric fencing have made it easier to build and maintain fences. Most important,

temporary fencing has become more reliable.

Temporary fences in Nebraska are used extensively in grazing crop residues in the fall and winter.

When renting corn stalks, some factors to consider are:

- Length of time for grazing;
- Stocking rate;
- Fences;
- Water availability;
- Amount of corn left in field.

Questions to ask yourself before you make a decision to rent a piece of land to graze may include:

- Is there an adequate and safe supply of water?
- Will the forage meet the nutritional needs of the animals?
- Does the water contain ni-

trates, bacteria, organic materials and odor or color that may cause animals to drink less than they should?

• Are there any environmental hazards such as old batteries, oil cans, pesticides, and ice?

While temporary fencing offers convenience and low cost, it also has many disadvantages. For example, single wire is difficult for wildlife to see, and the posts are difficult to install and remove in frozen soils. Despite these limitations, temporary fence can be an asset as part of a whole grazing program.

More information can be found at [extensionpublications.unl.edu/assets/pdf/ec3035.pdf](http://extensionpublications.unl.edu/assets/pdf/ec3035.pdf)

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## FFA

From Page 4C

Mia Nelsen - white; Mikaela McManigal - white; Tyler Reinhardt - white; James Dorcsey - white; Reid Korth - white; Rubie Klausen - white; Carter Fernau - white and Layne Evans - white.

**Junior Division**  
Sam Junck - blue; Coby Dickes - red; Kate Hill - red; Alex Frank - red; Leah Perry - red; Kierah Haase - red; Skylor Belt - white; Jaycee Bruns - white; Raegan Maas - white.

Land judging competition was held Oct. 6 near Pierce.

Wayne sent 31 individuals to compete. Land judging includes determining the following: depth of soil, soil texture, permeability, slope, thickness of surface, erosion, land capability class, recommended practices, and fertilizer and amendments.

During the event, Emily Eilers ribboned for Wayne and earned a blue ribbon for her efforts.



(Contributed photo)

Wayne's FFA hosted District 3 Dairy Judging at the Wayne County Fairgrounds in late September.

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## USDA seeks new partnerships to safeguard, restore wetland ecosystems

The United States Department of Agriculture (USDA) has announced up to \$30 million is available in technical and financial assistance through the Wetland Reserve Enhancement Partnership (WREP) to help conservation partners protect and restore critical wetlands on agricultural lands in Nebraska.

Restored wetlands help improve water quality downstream, enhance wildlife habitat, reduce impacts from flooding, and provide recreational benefits.

"This partnership enhances the locally driven process to better address critical wetland functions that progress beyond localities," said Kevin Norton, acting Chief of USDA's Natural Resources Conservation Service (NRCS).

"WREP works with other NRCS landscape-level conservation efforts to coordinate the delivery of conservation assistance to producers in targeted areas that yield the most impacts for accelerated benefits nationally and regionally. Continuing to leverage these partnerships helps us continue the important work with producers to help recover the health of wetland ecosystems on working lands."

Eligible conservation partners in Nebraska will work through WREP to voluntarily execute high priority wetland protection, restoration, and enhancement activities on eligible agriculture lands. WREP enables effective integration of wetland restoration on working agricultural landscapes, providing meaningful benefits to farmers and ranchers who enroll in the program and to the communities where the wetlands exist.

NRCS will review partners' project proposals and evaluate priority resource concerns, objectives, costs, and expected outcomes for each project and rank proposals based on criteria set forth in the requirements listed on each state's NRCS website.

Proposals should be emailed to the NRCS state contact listed in the local announcement by Nov. 30, 2020.

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**JOB ANNOUNCEMENT**

Turn your interest in energy conservation into a career. Northeast Nebraska Community Action Partnership's **WEATHERIZATION PROGRAM** is looking for an **ENERGY AUDITOR**.

The work location is Pender, NE. Work full time, 4 - 10 hour days M-TH. Hourly wage plus benefits. Extensive training will be provided to achieve Quality Control Inspector (QCI) Certification. Responsible for accurate evaluation and estimation for material on homes to be weatherized according to the Nebraska Energy Office. Must be able to comply with the agency's auto insurance standards. Job application, job description, wage and benefit information are located on our website [www.nencap.org](http://www.nencap.org) by clicking Employment or contact HR at 1-800-445-2505 or 402-385-6300. To apply, submit a completed Agency application. No resumes accepted.

Send applications to Northeast Nebraska Community Action Partnership,  
PO Box 667, Pender, NE 68047-0667.  
Position open until filled.



100% Federally Funded Program EOE Non-Profit Agency

**NorthStar Services in Wayne  
NEW STARTING WAGE IS \$12.25**

As an organization, we support persons with developmental disabilities to access and participate in their community, develop social networks and teach life skills, so people are successful in their homes, community and with employment opportunities.

**All applicants must be at least 19 years of age, have a valid drivers license, the ability to lift 45 lbs., possess a high school diploma or GED, and be able to read, write, and comprehend the English language.**

Applicants should have good interpersonal skills and the ability to work with a wide variety of people.

**Part-time positions available  
Residentially (morning, evening, weekend,  
and overnight shifts)**

• Applicants are required to attend job training. All required training is paid for by NorthStar.

Interested parties should apply at:



NorthStar Services  
209 South Main Street,  
Wayne, NE 68787

Or go to [www.northstarservices.com](http://www.northstarservices.com) to fill out an application

**Employment Opportunities**



WSC is accepting applications for the following positions. WSC offers a competitive salary and an excellent benefits package including health insurance, retirement, tuition assistance (employee/family), paid leave time, and paid holidays.

**Maintenance Repair Worker II—Carpentry**

**Nature of Work:** This is a skilled classification level to perform general maintenance, repair, and construction activities in buildings, facilities, and grounds in any one or more of the following areas: carpentry, energy operations, grounds, HVAC, plumbing, or related disciplines.

**Maintenance Repair Worker II—Grounds**

**Nature of Work:** This is a skilled classification level to perform general maintenance, repair, and grounds activities in any one or more of the following areas: grounds or related disciplines.

**Maintenance Repair Worker II—Motor Pool**

**Nature of Work:** This is a skilled classification level to perform general maintenance, repair, and grounds activities in any one or more of the following areas: automotive, grounds, or related disciplines.

**Maintenance Repair Worker II—Painting**

**Nature of Work:** This is a skilled classification level to perform general maintenance activities in buildings, facilities, and grounds in any one or more of the following areas: grounds, painting, or related disciplines.

**Salary: Minimum starting salary \$2,139.75 per month or as determined by the NAPE Agreement.**

For a complete listing of job requirements and application procedures, visit our Website at [www.wsc.edu/hr](http://www.wsc.edu/hr), call 402-375-7403 or email [hr@wsc.edu](mailto:hr@wsc.edu). WSC is an EOE.

**POSITION OPENING**

**General Ledger Accountant  
Central Office - Wayne, NE**

This position has the advantage of training in all functions of an accounting office. The detail-oriented person who enjoys learning will have the opportunity to use their deductive reasoning in a variety of tasks. The ability to work independently as well as in a team environment is essential. The successful applicant will have a Bachelor's degree in Accounting. Experience in accounting or auditing is a plus. A high standard of business and financial ethics is required. Opportunity for advancement is available to the right candidate.

NorthStar Services is a progressive organization in the governmental sector that serves people with developmental disabilities in a 22 county area. Added revenue for 2020 was over \$15,000,000. The position available is in the Central Office in Wayne, Nebraska.

Benefits include leave time, holidays, life, health, dental and vision insurance.

Interested applicants must submit a cover letter, application and resume to:

NorthStar Services  
P.O. Box 330, Wayne, NE 68787  
402/375-2880

Deadline: 5:00 p.m., October 31, 2020



NorthStar Services  
1202 E. 14th Street  
Wayne, NE 68787

**Field Carpenter Crew**

*Skilled Carpenters can earn \$1,000/wk  
Carpenter Trainees \$800/wk*

Set & finish our Modular Homes in  
Nebraska & Iowa

Health/Dental Insurance & 401K  
Driver's License Required

Call Jay Fink at 402-375-4770 or  
Apply at Heritage Homes,  
1320 E 7th Street, Wayne, NE



**Truck Driver**

Heritage Transportation, Wayne, NE, delivers modular house sections across the midwest. Will train for oversized loads. Year round work with good pay, home on weekends, health/dental insurance, 401(k), paid holiday & vacation plan, paid downtime when on duty. CDL Required.

Call 402-375-4770 for Greg  
1320 E 7th St, Wayne, NE



**Stainless Welders and Polishers**

Learn Stainless Steel Welding and Polishing. **Both men and women can learn from the very best at Heritage manufacturing in Wayne, NE** building beautiful stainless steel products that are shipped throughout the U.S. 4 1/2 day weeks. Health and Dental insurance, paid holidays.

Call Noelle 402-375-4770  
or stop in to apply



**Information  
Technology &  
Operations Officer**

**NOW  
HIRING**

**OVERVIEW**

Manage the operation of all computer systems, applications, hardware, and software; oversee security, backup and maintenance procedures; ensure compliance with software licensing, banking exams and IT audits; provide user training.

**BENEFITS**

Competitive salary and benefits package, including health, dental, vision, paid holidays, PTO, and matching 401(K) plan. Community service encouraged.

**SKILLS**

Excellent project management, customer service and communications skills, strong attention to detail. Bachelor's degree required, Master's degree or 10 years equivalent work experiences preferred. Credit history will be screened. Must reside or relocate within 15 miles of Wayne, Neb.

Submit cover letter and resume online at [statenebank.com](http://statenebank.com). Visit our website for complete job description.  
**APPLY** Equal Opportunity Employer.

Come be part of a progressive, community-focused, locally-owned bank.

**STATE NEBRASKA BANK & TRUST**  
122 Main Street Wayne, NE 68787 (402) 375-1130 [statenebank.com](http://statenebank.com)



**NOW HIRING:**

- **Business Office Manager -**  
F/T. Must be knowledgeable in Quick Books, AR, AP, Payroll, Medicare and Medical billing a plus!
- **Maintenance Manager -**  
F/T. Please contact for complete requirements.

• **LPN/RN -**  
Night Charge Nurse

• **CNAS -**  
F/T Days; P/T Days; P/T Evenings

• **Dietary -**  
P/T Evenings and Weekends

• **Laundry -**  
P/T Weekends and Holidays

**PARKVIEW HAVEN NURSING HOME**  
309 N. Madison • Coleridge, NE • 402-283-4224

# CLASSIFIEDS

## HELP WANTED

## FOR SALE

### ACCEPTING APPLICATIONS

**Join our team at Cubby's in Wakefield.**  
**Now Hiring DELI and CASHIERS**  
**Night Shift. Must be 19 years.**  
**Drug-free workplace. Drug screen, background checks.**  
**Apply in person, ask for the manager.**

**CUBBY'S GODFATHER'S EXPRESS**  
 Hours - Deli: Mon-Sat.  
 5 am-10 p.m., Sun. 5 am-10 p.m.  
 Store: Sun-Thurs. 5 a.m.-11 p.m.;  
 Fri-Sat. 5 a.m.-midnight



**MICHAEL FOODS**

## A/P Specialist

- ✓ Verifies the accuracy of invoices
- ✓ Ensures invoices are paid correctly and on-time
- ✓ Communicates with internal and external customers
- ✓ Bookkeeping or Accounting experience or education preferred
- ✓ Strong computer skills, including Excel, required

•Benefits start the 1st of the month following date of hire\*  
 •Paid Time Off accrual starts day one  
 •Tuition reimbursement  
 •Matching 401(k) up to 6%  
 •Opportunities to advance  
 •Referral & incentive bonuses  
 •Business Casual (Jeans) Environment

105 N Main Street | Wakefield, NE | 402.287.2211  
[www.MichaelFoods.com/Careers](http://www.MichaelFoods.com/Careers) EOE: M/F/D/V

**GRASS HAY:** Big round bales of western grass hay. By the bale or by the semi load. Lock in prices now before the winter bump. Call Brian at 402-369-1574. tfn

### FOR SALE

**Hot Tub**  
 Five years old.  
 Very clean tub.  
 Lots of accessories  
 come with it.  
 "Come See It"

**Call 712-899-1697**

### Wayne County Sealed Bid AUCTION

- 160 Acres Located 7 Miles Southwest of Wayne
- Legal - W1/2 NE1/4 & E1/2NW1/4 23-25N-3E
- Mostly Class 2 & 3 Soils
- Possession for 2021
- Deadline Oct. 26, 2020 for Initial Bid Submittal

### Midwest Land Company

Visit us at  
[www.midwestlandco.com](http://www.midwestlandco.com)  
**402-375-3385**

### Pierce County Sealed Bid AUCTION

- 2 Dryland Tracts
- Tract 1 - N1/2S1/2SE1/4 15-26N-2W - 40 acres
- Tract 2 - SW1/4SW1/4 & E1/2SW1/4 - 14-26N-2W - 120 acres
- Located 1 1/2 miles North of Pierce on 550 Ave
- Initial Bids due October 30th

### Midwest Land Company

Visit us at  
[www.midwestlandco.com](http://www.midwestlandco.com)  
**402-375-3385**

### FOR RENT

**FOR RENT:** 2, 3 and 4 bedrooms apartments. Starting at \$250 per person. No Pets. No Parties. 918 Main St. Call 712-899-0505. tfn

**FOR RENT:** 2 bedroom apartment. Close to campus. Available October 1st. No pets, parties, smoking. 402-375-2569. tfn

**ACREAGE FOR FOR RENT:** 4 bedrooms, central air, 2 car garage, Northwest of Wayne. Call 402-369-0212.

**FOR RENT:** Wayne Coworking Space, private office, meeting space. Details waynecoworking.space. tfn

**FOR RENT:** Very nice large 1 bedroom apartment. Mid-City Apartments, 207 Pearl St Wayne. Available now. Call 402-375-7818. tfn

### SUNNYHILL VILLA APARTMENTS

900 Sunnyview Drive • Wayne  
 ALL AGES 18+ & OVER WELCOME!  
 1 BEDROOM APARTMENTS AVAILABLE  
 for Immediate Occupancy  
 SECURITY DEPOSITS ONLY \$250  
 Rent Based on Income.  
 Rental Assistance Available for those who qualify!

Call Mary for details  
**402-375-5013**  
**TDD 1-800-833-7352**  
 Managed by RWI Property Management, Inc.  
 "This institution is an Equal Opportunity Provider"

### FOR RENT

Hillcrest Colonial Manor in Laurel has an immediate opening and is now taking applications for a 1 Bedroom apartment. Anyone who is at least 62 years old, and/or disabled can apply. This is a HUD property, so those who apply, might receive assistance. Appliances are furnished. Please call 402.256.3526 to get an application

### - LAND FOR SALE -



**A-31281 SEALED BID!**  
**Bid Deadline: Dec. 1, 2020**  
**268+/- Dryland Acres in Dixon County**  
 Located right off HWY 9 on 578 AVE, between Ponca & Martinsburg. Gently sloping hills, bottom ground and a live creek. Good producing soil. Possession March 2021. Seller will allow a payment for half in 2020 & a payment for the other half in 2021.



**L-2100024 143+/- Dryland Acres in Dixon County \$929,500**  
 Located South of Newcastle on 880.5 RD, just west off of 585 AVE. Gently sloping hills, good producing soils. 49+/- Acres in CRP till Fall 2026. Excellent payment for the CRP ground. Possession March 2021.



**RECREATIONAL- L-2000597 - \$149,500**  
 Right on the Missouri River under the Vermillion Bridge on the Nebraska side. Beautiful scenic view of the river, lots of privacy, and a 2013 Jayco Premiere camper comes with this 1+/- Acre River Ground. Great fishing and hunting to be had. You have to come see it for yourself!



**LAND FOR SALE: L-2000550**  
 200 +/- Acres Dryland Acres in Dixon County. Right on the west side of Martinsburg. Has Kennebec silt loam soils, some of the top producing in Dixon County! This ground comes with some pasture and a creek. Processing for the 2021 planting season. Call for more information.

### - HOMES FOR SALE -



**606 Annie Street, Newcastle - \$69,500**  
 Adorable Bungalow Style Home. 2 Bedroom, 1 Bonus Room, and 1 Bathroom. Full unfinished basement, huge corner lot, many updates and well maintained. L-2000454



**602 West 2nd - Laurel - \$187,000**  
 3 Bedrooms, 2 1/2 Baths Traditional Home. Very nice location on large lot, all the beauty of a Traditional home. Tons of room, finished basement, enclosed porch and sunroom. 1 car detached garage and additional shed. L-2000672

### - LOT FOR SALE -



**706 Oak Street - Laurel - \$16,000**  
 Large Residential Lot (103'x 203'), perfect location and view for building a home on and give you plenty of room. Located in Laurel, where 2 highway come into town, making for an easy commute to cities surrounding Laurel. Excellent school system and great small town community. Great place to build your home!! \*ASSOCIATE BROKER OWED. L-2000517

To discuss real estate opportunities please contact your local FNC representative:

 <b>Steve Schutte</b> AFM/Agent (402) 518-0111 SSchutte@FarmersNational.com	 <b>Wendi Schutte, Agent</b> (402) 518-0115 WSchutte@FarmersNational.com	 <b>Marlene Jussel</b> Associate Broker (402) 375-1002 MJussel@FarmersNational.com	 <b>Les Owen, Agent</b> (402) 992-4708 LOWen@FarmersNational.com
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Connect with Us!

**Office: (402) 256-9320**  
 103 West 2nd Street  
 PO Box 368  
 Laurel, Nebraska

**Farmers National Company**  
[www.FarmersNational.com/Laurel](http://www.FarmersNational.com/Laurel)  
 Real Estate Sales • Auctions • Farm and Ranch Management Appraisals  
 Insurance • Consultations • Oil and Gas Management • Forest Resource Management  
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**Laurel-Concord-Coleridge School** seeking applications for the following position:

### FULL TIME CUSTODIAN

(12 Month Position)  
 Position open until filled.  
 Competitive wage based on experience.

Interested candidates for the position should forward Letter of Application, Résumé, and References to:  
 LAUREL - CONCORD - COLERIDGE SCHOOL  
 ATTN: JEREMY CHRISTIANSEN  
 502 WAKEFIELD ST., POB 8, LAUREL, NE 68745  
 Email - jeremy.christiansen@lccschool.org  
 EOE/ADA EMPLOYER

### NOTICE OF VACANCY

#### PUBLIC SAFETY DISPATCHER

#### CITY OF WAYNE

The City of Wayne is accepting applications for the position of a part-time Public Safety Dispatcher with possibility of full-time status after training/probation period. This position has an hourly salary range of \$15.62 to 20.78, depending on qualifications and experience. Hours and shifts will vary and could average approximately 24 hours weekly. Responsible for coordinating all police, fire, ambulance and other emergency requests within the City of Wayne and Wayne County, as well as other related duties as required. Must have strong oral and written communication skills. Computer literacy a must. Drug-free workplace. Application and job description available online at [cityofwayne.org/jobs.aspx](http://cityofwayne.org/jobs.aspx). Please submit completed application, résumé, and letter of interest to the Wayne Police Department, 306 Pearl Street, Wayne, Nebraska, 68787. Deadline for applications is 5:00 p.m. October 23, 2020. EOE

### MIXER TRUCK DRIVERS

Gerhold Concrete Co. Inc., a division of Lyman-Richey Corporation, is now hiring Mixer Truck Drivers at our Wisner, Columbus and West Point locations!

**\$1000 HIRING BONUS**

Preferred candidates will:

- Have a valid Class A or B CDL
- Be able to pass the DOT pre-employment physical and drug screen

We offer:

- INCREASED starting wage! \$19.50/hr to start!
- 401(k) plan
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- Paid Vacation
- And much more!

**APPLY ONLINE at [www.lymanrichey.com](http://www.lymanrichey.com) TODAY!!**

Equal Opportunity Employer/Protected Veterans/Individuals with Disabilities



### Full Time Sales Manager



**KINSHIP POINTE**  
 1500 Vintage Hill Drive  
 Wayne  
 402-375-1500  
 EOE

### FOR RENT

**UPDATED 2 BEDROOM** apartment available in Wayne immediately. All new appliances, central air/heating, new floors & carpet, soft water. Good location. 900 square feet. 10/22

**FOR RENT:** Large 2-bedroom apartment. Available now. Close to campus. Renter pays electricity and cable. No pets. No smoking. 712-212-5844. tfn

### IMMEDIATELY AVAILABLE Leisure Apartments

825 & 829 E. 6th Street, Wayne  
**Rental Assistance Available to Qualified Applicants**

- On-site Laundry
- Community Room for Activities

Please call:  
**PARK AVENUE MANAGEMENT**  
 at 712-274-7740  
 for an application  
 TDD# 1-800-833-7352

"This institution is an Equal Opportunity Provider"

### Townhome FOR SALE

**PROPERTY EXCHANGE PARTNERS**  
 112 W 2nd Street - Wayne, NE

1419 Linden St, WAYNE  
**NEW PRICE - \$132,900**

REDUCED PRICE! Take advantage of the new low price and step into a Marywood Addition townhome that comes equipped with all appliances and has a convenient floorplan that allows for easy carefree living with open kitchen and dining areas and a large living room. A full basement that is finished with an additional bedroom, bathroom, and another large bedroom. Additional amenities include a central vacuum system, enclosed sunroom, and main floor laundry. Call today to take advantage of the amazingly low price. Homes this nice don't come on the market at this price very often!

Contact Us Today!  
**402-375-2134**  
[www.propertyexchangepartners.com](http://www.propertyexchangepartners.com)

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 Amber Sperry, Sales Associate 402-518-0271  
 Brian Frevert, Sales Associate 402-369-4540  
 Scott Abraham, Sales Associate 402-369-1665  
 Dean Carroll, Sales Associate 402-369-1302

**GIFT GIVING** and baking are easy with Tupperware. Contact Clara Osten, your local consultant for over 25 years. 402-518-8030 or 585-4323. Leave a message. tfn

**302 E 7th St, Wayne**  
 4 bedroom, 2 1/2 bath home  
**\$174,900**

**2003 Claycomb Rd., Wayne**  
**\$35,000**

**Vintage Hill 3rd Addition**  
 Lots Starting at  
**\$30,000**

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 Cell: 402-833-8102  
[melissa@mwlc.com](mailto:melissa@mwlc.com)

[www.midwestlandco.com](http://www.midwestlandco.com)

# Haunted about Buying or Selling? Let our REALTORS® Help!

## NEW LISTINGS!



**\$135,000**  
**600 Cedar Street, Laurel**  
Lots of space in this 4 bedroom, 2 bath home! Amenities include a main floor laundry, plus an updated basement. Nice patio, deck, and 2-car garage!



**\$55,000**  
**611 Center Street, Howells**  
Enjoy small town living in this well-cared for home! 2 bedrooms, main floor laundry, large deck, plus updated roof and HVAC. Great corner lot with sprinkler system!



**\$158,500**  
**502 West 1st Street**  
Relax by the fireplace in this 5 bedroom, 2 bath home! Features include a main floor laundry, and newer windows, siding and doors. Situated on a large corner lot, with a detached garage and nice brick patio area ~ call today!



**\$80,000**  
**803 Main Street, Winside**  
This 2 bedroom home includes a remodeled kitchen plus newer roof, windows and HVAC. Enjoy the convenient main floor laundry. The detached 2-car garage and large yard shed are perfect for extra storage!



**\$130,000**  
**811 Poplar Street**  
This newer 2 bedroom 2 bath townhome has lots of closets, and appliances and window treatments are included. Relax on the fenced patio area! With a 2-car garage and sprinkler system, this townhome is ready for you!



709 Centennial Road



85257 Hwy 15, Wayne



1505 Claycomb Road



420 West 7th Street



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Trisha Peters  
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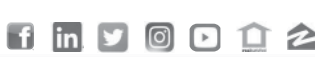


**88750 567th, Hartington**  
Only 3 miles south of Highway 12. Amazing outbuilding. \$399,000.



**86931 Hwy 57, Belden**  
Less than 1 mile north of Highway 20. Great price for an acreage property. \$175,000.

**TAMI WHITE • REALTOR**  
c: 402.613.1278  
e: tami@kwelite.com  
kwELITE Keller Williams



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## MISCELLANEOUS

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\$24 for two weeks worth of ads in the Shopper, Herald and on our website!  
Call for details 402-375-2600  
☆☆☆☆☆

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**ALL REAL** estate advertised herein is subject to the Federal Fair housing Act which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preference, limitation, or discrimination." State law also forbids discrimination based on these factors. We will not knowingly accept any advertising for real estate which is in violation of the law. All person are hereby informed that all dwellings advertised are available on an equal opportunity basis.

I want to thank everyone for the gifts and cards. Ninety years wouldn't be possible if it wasn't for the support from family and friends.  
**Robert Hansen**

We would like to thank everyone for all of the beautiful cards, letters, phone calls, gifts, food and in-person wishes we received for our 50th Anniversary. We are truly blessed by all of these showings of kindness by so many. Thanks again and God's Blessings to everyone; Larry and Marie Sokol

Thank you to the residents of Winside who donated food to Cub Scout Pack #179 led by Joni Jaeger for conducting The Scouting for Food. The donations were given to the Winside Backpack Program & Wayne Food Pantry. We are overwhelmed by your generosity.  
**St. Paul's Lutheran Church - Food for Backpacks Committee**

From the family of Lucy Mason, we want to express our thankfulness to the community for all the cards, letters and notes you sent to her. With the Covid lockdown we were all wondering how to make her 95th birthday a special occasion. Thanks to all of you, she had a very nice birthday! From the roaring twenties to having polio and growing up in the depression years of the thirties and then watching all of her brothers go off to fight World War II and Korea to the blizzard of '49 to the farm crisis years of the 80's and the accumulation of life and her faith in God and His providence have made Lucy rather fearless. Helping her understand all the Covid panic has been a challenge. From Wyoming to Michigan, her family is very grateful to this community for making her birthday a special occasion.  
*Thank You!*

## MISCELLANEOUS

▼▼▼  
**It's SIMPLE! It Gets RESULTS!**  
**It's VERY COST EFFECTIVE!**  
Place your snap ad in over 175 Nebraska newspapers for only \$235.00  
Call the Wayne Herald today for the details! 402-375-2600 or 1-800-672-3418.  
▲▲▲

Thank you to my friends and family for making my 80th Birthday celebration special and memorable. I was truly overwhelmed by all the beautiful cards, calls, messages, flowers, plants, and lovely gifts. I am so grateful to everyone who was able to attend the Open House. I had such a great time seeing and reminiscing with each of you. I want to express my sincere gratefulness to my family for hosting the Open House/ Card Shower. I am truly blessed with amazing friends and a loving family.  
**Thank you again, Jan Topp**

## WANTED

**LOOKING FOR A COPY** of "History of Wayne County 1938" by Dorothy Huse Nyberg book. Call 402-980-2446. 10/22

## NEBRASKA STATEWIDES

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HUGHESNET SATELLITE Internet - 25mbps starting at \$49.99/month! Get More Data. Free Off-Peak Data. Fast download speeds. WiFi built in! Free Standard Installation for lease customers! Limited time, call 1-844-290-3051.

VIASAT SATELLITE Internet. Up to 12 mbps starting at \$30/month. Our fastest speeds (up to 50 mbps) & unlimited data plans start at \$100/month. Call Viasat today: 1-877-255-9312.

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DISH NETWORK \$59.99 for 190 Channels. Blazing Fast Internet, \$19.99/month (where available). Switch & Get a Free \$100 Visa Gift Card. Free Voice Remote. Free HD DVR. Free Streaming

**IF YOU OR A LOVED ONE** used ROUND UP or JOHNSON AND JOHNSON TALCUM POWDER and developed CANCER, you may be entitled to compensation. Contact Attorney: Charles H. Johnson 1-800-535-5727.

## SERVICES

**SMALL ENGINE** repair. General repair. Welding. Stump grinding. ALSO: Several reconditioned tillers, push mowers and riding mowers. Call 402-375-2471 after 6 p.m. tfn

**WILL DO** custom racking and bailing of corn stalks. Call or Text: 402-337-3105 or 402-337-3106. 10/22

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28 Years of Experience  
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FDA-REGISTERED Hearing Aids. 100% risk-free! 45-day home trial. Comfort fit. Crisp clear sound. If you decide to keep it, pay only \$299 per aid. Free Shipping. Call Hearing Help Express, 1-855-763-2604.

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INVENTORS: FREE information package. Have your product idea developed affordably by the Research & Development pros and presented to manufacturers. Call 1-877-581-2504 for a Free Idea Starter Guide. Submit your idea for a free consultation.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

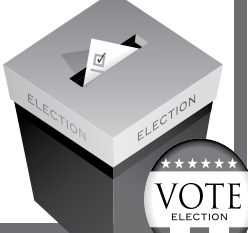
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# How to support a loved one who is battling cancer

Support networks are vital for cancer patients. The experts at Weill Cornell Medicine note that the support of family friends, both in the immediate aftermath of a diagnosis and throughout treatment, can help patients regain a sense of normalcy and maintain their emotional stability, each of which improves their chances at ensuring a positive clinical outcome.

The role of cancer caregiver is often unlike any other people have played or will play. In recognition of that, the American Society of Clinical Oncology offers the following tips to cancer caregivers as they transition into their new roles.

- Prepare yourself. Caregivers may be so busy looking into what they can do to help a loved one diagnosed with cancer that they overlook or forget the need to prepare themselves. The ASCO recommends that caregivers process their own feelings about a loved one's diagnosis before they begin caring for that person. This can ensure their focus is where it needs to be when their loved needs help. In addition, caregivers can do everything to learn about their loved one's disease ahead of time. Many patients are not forthcoming about their disease, and even those that are may find it physically

and emotionally exhausting to repeatedly share the details of their disease with friends and family. Learning the basics on your own can save the patients from these feelings of exhaustion.

- Let your loved one know it's alright to say, "No." Caregivers may want to give their loved one advice, but it's important that they recognize recommendations, however well-intentioned they may be, may not always be welcome. That can create unnecessary tension between caregiver and patient. Let your loved one know they can decline suggestions, and always ask permission before giving advice.

- Don't forget to have fun. A cancer diagnosis is serious business, but caregivers and patients must make room for levity throughout the treatment process. The ASCO recommends caregivers make time for light conversation and humorous stories. This can be beneficial to both patients and caregivers, providing a routine respite from discussions about how patients are feeling. Discussions about topics other than cancer, such as sports, movies or hobbies, also can be a respite from the rigors of treatment and caregiving.

- Treat your loved one just as you ordi-

narily do. The ASCO notes the importance of treating a loved one during treatment just as you normally would. While that may not always be possible, it can help patients feel like they're still a friend or family member first and a cancer patient second.

- Pay attention to your loved one's feelings. Some doctors encourage cancer patients to keep a journal or blog during their treatments. If possible, read their

journal or blog entries. Many people are more comfortable sharing feelings in this way than directly with their caregivers, so the entries can provide valuable insight into how loved ones are coping.

Cancer caregiver is a role unlike any other and presents some unique challenges. Caregivers can employ various strategies and even speak with their loved one's physicians in an effort to overcome those challenges.

## Cancer warning signs listed

No one is immune to cancer, which the World Health Organization notes is the second leading cause of death across the globe. Though cancer is responsible for more than nine million deaths per year, the WHO notes that many cases of cancer are preventable.

The WHO estimates that one-third of deaths from cancer are due to five behavioral and dietary risks: high body mass index, low fruit and vegetable intake, lack of physical activity, tobacco use, and alcohol consumption. People who smoke, drink to excess and/or eat unhealthy diets can greatly reduce their risk for cancer and the likelihood that they will join the millions of cancer patients who die from the disease each year.

Learning the warning signs for cancer is another way people can reduce the likelihood that they will die from cancer. Cancer Research UK notes that cancers diagnosed at early stages are more likely to be treated successfully than those that are in the later stages. Late-stage cancers have typically spread beyond their origination point, making treatment more difficult and survival less likely.

Early detection of cancer is vital to survival. For instance, Cancer Research UK notes that more than nine in 10 bowel

cancer patients will survive their disease for more than five years if diagnosed at the earliest stage. The five-year survival rates are similar for breast cancer and ovarian cancer patients whose diseases are diagnosed in their earliest stages.

By learning some of the common warning signs of cancer, people can increase the likelihood of early detection, greatly improving their chances of surviving this potentially deadly disease. Each type of cancer has its own unique symptoms, and people with family histories of cancer are urged to discuss those histories with their physicians so they can learn the warning signs of the specific cancers that may run in their families.

In addition to such discussions, men and women can keep an eye out for these symptoms, which the Cleveland Clinic notes are some of the more general indicators of cancer.

- Change in bowel or bladder habits
- A sore that does not heal
- Unusual bleeding or discharge
- Thickening or lump in the breast or elsewhere
- Indigestion or difficulty swallowing
- Obvious change in a wart or mole
- Nagging cough or hoarseness

More information about cancer is available at [www.who.int](http://www.who.int).



Cancer Affects Everyone!

## Providence Wellness Center, PMC organize Chicken Run to help one of their own battling cancer

Everything about the Wayne Chicken Show was different this year, including the annual Chicken Run 5K. 2020 was the first year the race went virtual, the first time it wasn't held in conjunction with the actual Chicken Show and it was the first year some of the racers were international.

The 5K race always serves as a fundraiser for something or someone in the Wayne community or surrounding area, but this year, it was a cause near and dear

to the hearts of organizers at Providence Wellness Center and Providence Medical Center - raising funds for IT director Jesse Titiml, who was diagnosed with an aggressive form of leukemia in February.

"He originally fainted while he was at work at PMC on the 24th (of February), so I got the call when he was in the ER," Jesse's wife Val said. "Treatment began on Feb. 28. It was very aggressive and they (his doctors) wanted to attack it, as aggressively and quickly as possible."

In years prior, the entire Titiml family got involved with the Chicken Run, but Val said they had no idea the fundraiser this year would be for Jesse.

"I actually didn't even know," Val said. "My daughter and I do the Chicken Run every year and then my husband and my son help direct runners where to go. I got a text from my friend that said '(Did) you know this year's Chicken Run is for Jesse?' I said, oh, I did not know that."

This year, due to COVID-19 precau-

tions, the Chicken Run was held virtually and runners could track their own times between July 25-31. This also allowed people from, as it would turn out, all over the country and beyond to participate. Not only were there runners from 20 different states, there were also runners from Guam and Jesse and Val's native country, Palau. Runners were encouraged to photograph themselves dur-

See CHICKEN RUN, page 2

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Providence Wellness Center director Heidi Keller (front row, far left) presents a check to Jesse Titiml, who was joined by son Ayser, daughter Liberty and wife Val during the presentation. Money raised from the Chicken Run 5K went to the Titiml family to help defray the costs of Jesse's cancer treatment.

# Chicken Run

(continued from page 1)

ing the run either wearing their Chicken Run shirts, or their special "Jesse's Fight Is My Fight" shirts. In all, 181 runners helped make the 2020 run the second largest since organizer Heidi Keller has been involved.

"I didn't expect quite that many," Keller said. "I knew, because of who we were raising money for, that we would get a lot of support. I didn't realize how much

they would bring from other countries." Jesse even got to participate. Keller said he was hospitalized for the last few days of the race, but the organizers decided to extend it to allow him time to finish.

"We extended the deadline so he could get better and, of course, the first thing he did after getting released from the hospital was complete the 5K up at the WSC track. He is such a fighter and inspiration to us all," she said.

That support was much appreciated

from both Jesse, Val and their children, but their family and friends outside of Wayne.

"I received countless emails and messages from their family overseas, all extremely grateful for Jesse's huge Wayne family and support system they have here. It was so humbling to hear from so many of them," Keller said. "They are pretty loved."

Once the race was finished and funds collected, the time came to present Jesse and his family the check, which should have been fanatic news, but an announcement just the night before the presentation brought some even better news - he was officially in remission. He has to continue doing blood work, but Val said he'll meet with his doctor later this year to get cleared to return to normal activities.

"He's happy," Val said. "He's in remission and he doesn't have to go through chemo."

When it came time to present the check, Val and Heidi conspired to brighten Jesse's day even more. The two organized the photo op so that any PMC and PWC employee who was free, could be in the picture.

"I kind of left that part out. I told him it was just going to be me, him the kids and Heidi in the picture," Val said with a laugh.

Throughout Jesse's fight with Acute Myeloid Leukemia, the Titiml family has had the support of the community, and Val said that's something they'll never forget.

"I still have tears in my eyes when I think of all the people. You don't know so many people are rallying behind you, cheering for you, and something like this happens and you think, 'oh, we are getting noticed,'" Val said. "I would like to just thank them from the bottom of our heart. It's been overwhelmingly nice."

## What are second cancers?

Survival rates among cancer patients have improved dramatically over the last several decades, thanks in large part to the tireless efforts of researchers.

Many people who survive cancer live cancer-free for the rest of their lives, while others experience cancer recurrence. According to the American Society of Clinical Oncology, a recurrence occurs when cancer comes back after treatment. That can occur weeks, months or even years after the primary or original cancer was treated.

But recurrence is not the only way cancer can creep back into the lives of people whose original cancer was successfully treated. The American Cancer Society notes that some people experience second cancers, which are new cancers that appear even after an original cancer was successfully treated. Some second cancers occur in the same organ or area of the body as the first cancer, while others

develop in organs and tissues that were not affected by the original cancer.

Second cancers also have been linked to radiation therapy, though it's important that cancer patients not discount the potential benefits of radiation therapy out of the fear of a second cancer developing. In addition, the ACS notes that radiation therapy is not the only treatment option that has been linked to second cancers. For example, chemotherapy is known to be a greater risk factor than radiation therapy in causing leukemia.

Patients who want to reduce their risk for second cancers should know that many of the same measures to reduce risk for original cancers can be equally effective at lowering risk for second cancers. These measures include healthy lifestyle choices, such as avoiding or quitting tobacco, reducing alcohol consumption, and eating a healthy diet.

# The risk factors for liver cancer are explained

No one knows when or if they will receive a cancer diagnosis. Being diagnosed with cancer is often a life-changing and shocking moment in a person's life, and the shock associated with a cancer diagnosis can elicit a range of emotions, including a feeling of helplessness. But people are not helpless in their battles against cancer, and knowledge of the disease may be their greatest weapon against it.

Liver cancer may not get as much attention as other forms of the disease, and that's understandable. Estimates from the American Cancer Society suggest roughly 42,000 new cases of liver cancer would be diagnosed in 2019. That's relatively low compared to other cancers, including breast cancer and lung cancer. However, a 2018 report from the Centers for Disease Control and Prevention found that deaths from liver cancer increased by 43 percent between 2000 and 2016. Such figures only underscore the importance of learning about liver cancer, including the risk factors that may make some people more vulnerable to the disease than others.

The ACS notes that hepatocellular carcinoma, or HCC, is the most common form of liver cancer in adults. Various factors can increase a person's chances of getting HCC, and recognizing these risk factors, some of which are based on lifestyle choices adults make each day, may help people reduce their risk of getting the disease.

•Gender: HCC is more common in men than women. However, the ACS notes that a subtype of HCC known as fibrolamellar carcinoma, is more likely to affect women than men.

•Race/ethnicity: Liver cancer is the most common type of cancer in many countries in sub-Saharan Africa and southeast Asia. Asian Americans and Pacific Islanders have the highest rates of liver cancer among United States residents, followed by Hispanics/Latinos, American Indians/Alaska natives, African Americans, and whites.

•Hepatitis B and C: Infection with the hepatitis B or hepatitis C virus is the most common risk factor for liver cancer across the globe. Each virus leads to cir-

rhosis, a disease in which liver cells are damaged and replaced by scar tissue. The ACS notes that most people who develop liver cancer are already exhibiting some evidence of cirrhosis.

•Heavy alcohol consumption: Excessive alcohol consumption is the leading cause of cirrhosis in the United States, and cirrhosis has been linked to an elevated risk for liver cancer.

•Tobacco use: Tobacco use elevates a

person's risk for various cancers, and liver cancer is no exception.

•Obesity: The ACS suggests that obese men and women may be at greater risk for liver cancer because being obese can result in fatty liver disease and cirrhosis.

Liver cancer may be relatively uncommon. But with liver cancer-related deaths on the rise, it pays to learn more about the disease and how to reduce your risk of getting it.



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## What causes cancer?

Cancer affects millions of people across the globe, changing the lives not only of those diagnosed with the disease, but also those of their friends and families.

Questions often arise when individuals or loved ones are diagnosed with cancer, and one of the more common questions is, "How did this happen?" Many people who feel perfectly healthy are diagnosed with cancer every day, and that can create a sense of hopelessness among patients while also prompting them to wonder what they might have been able to do differently to avoid their disease.

The World Health Organization notes that cancer arises from the transformation of normal cells into tumor cells. That transformation is a multi-stage process that typically progresses from a precancerous lesion to a malignant tumor.

Cancer researchers have long since determined that genetic factors play a role in the development of cancer. For example, the nonprofit organization BreastCancer.org notes that women with one first-degree relative, which includes sisters, mothers and daughters, who has had breast cancer are at twice the risk of developing breast cancer as women with no such connection. The risk for women with two first-degree relatives who have had breast cancer is five times higher than those with no such family history.

But the WHO notes that genetics are not the only contributing factor to cancer. In fact, the WHO says the interaction

between genetic factors and these three categories of external agents can pave the way for the transformation of normal cells into tumorous ones.

•Physical carcinogens: Physical carcinogens include ultraviolet and ionizing radiation. The WHO notes that many people are exposed to natural sources of ionizing radiation such as soil, water and vegetation. But there are human-made sources, such as X-rays and medical devices, of ionizing radiation as well.

•Chemical carcinogens: Chemical carcinogens include asbestos, certain components of tobacco smoke, the food contaminant aflatoxin, and arsenic. The Centers for Disease Control and Prevention notes that arsenic can enter the water supply from natural deposits in the earth or from industrial or agricultural pollution. The CDC urges people who get their water from a private well and suspect it might be tainted by arsenic to contact their local government to have their water tested.

•Biological carcinogens: Biological carcinogens include infections from certain viruses, bacteria or parasites. The virus hepatitis B, for example, has been shown to cause liver cancer.

Doctors may not be able to point to a single factor to determine the specific cause of an individual case of cancer. However, they are aware of various cancer-causing agents that greatly increase a person's risk of being diagnosed with this disease.

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# Cancer and COVID-19 do not discriminate

The COVID-19 outbreak of 2020 caught many people, particularly those in the western hemisphere, off guard. As the virus spread, the lives of hundreds of millions of people throughout North America and Europe changed dramatically and seemingly overnight, prompting many to wonder if they or their loved ones were going to get sick. No one was thought to be immune to COVID-19, though many people were unfortunately believed to be more vulnerable to the disease than others. According to the Centers for Disease Control and Prevention, older adults and people with serious chronic medical conditions are at the greatest risk of getting sick from COVID-19. The American Cancer Society notes that cancer patients, like groups with an elevated risk of getting sick from COVID-19, must do all they can to

avoid being exposed to the virus. That's because the immune systems of cancer patients, particularly those in active chemotherapy and bone marrow transplant patients, can be severely weakened. In fact, in March 2020 officials with the Fred Hutchinson Cancer Research Center warned that early data from China and Italy, two countries which experienced early and widespread outbreaks of the disease, indicated that cancer patients would be at increased risk of getting the virus.

### Are all cancer patients at risk?

Dr. Steve Pergram, the medical director of infection prevention at Seattle Cancer Care Alliance, said that patients with blood malignancies are most at risk for COVID-19. Blood malignancies include non-Hodgkin lymphoma, chronic lymphocytic leukemia, acute myeloid leukemia, acute lymphoblastic leukemia, and multiple myeloma.

While people with these forms of cancer may be most at risk of getting COVID-19, it's important to note that all cancer patients, including those who recently concluded treatment, are vulnerable. Those who concluded treatment should know that the aftereffects of treatment can linger long after treatment programs have ended, and those

aftereffects may continue to compromise patients' immune systems.

### What can cancer patients do to protect themselves from COVID-19?

Cancer patients should embrace the safety protocols recommended by the CDC, including social distancing measures and limiting direct contact with other people. Seniors in cancer treatment should take advantages of opportunities to limit their exposure to COVID-19, such as visiting grocery stores during seniors-only hours and opting to participate in digital religious services instead of in-person services. In addition, patients can work with their cancer care teams to devise ways to continue receiving treatment without elevating their risk of exposure to COVID-19.

Cancer patients also may need to adjust their expectations in regard to visits with their physicians. Dr. Len Lichtenfeld of the ACS noted that cancer patients may need to book virtual follow-up visits with their physicians or even delay preventative procedures aimed at reducing the likelihood of recurrence.

COVID-19 does not discriminate, but cancer patients may be among the most vulnerable to getting the virus.

Learn more about cancer and COVID-19 at [www.cancer.org](http://www.cancer.org).

## Surprising facts about cancer listed

Cancer affects the lives of millions of people every day. Cancer can affect every aspect of patients' lives as well as the lives of their families.

Researchers recognize that there is still much to learn about cancer. The following are some facts about cancer that may surprise you, courtesy of the American Cancer Society, The World Health Organization, The Canadian Cancer Society, and The National Cancer Institute.

- An estimated 1.8 million new cancer cases will be diagnosed in the United States in 2020, and 606,520 people will lose their lives to cancer in 2020.
- Seventy percent of all deaths from cancer occur in low- and middle-income countries.
- There are more than 100 types of cancer, and any part of the body can be affected.
- Eighty percent of all cancers in the United States are diagnosed in people 55 years of age or older.
- Prostate, lung and colorectal cancers are the most commonly diagnosed cancers in men. Breast, lung and colorectal cancers are the most commonly diagnosed cancers in women.
- Roughly 67 percent of Americans diagnosed with cancer survive five or more years after diagnosis.
- Between 30 and 50 percent of cancers are preventable. Tobacco use is the single largest preventable cause of cancer in the world.
- Between 1991 and 2017, there have been two million fewer cancer deaths for the most common types of cancer in the United States.
- Maintaining a healthy body mass index, exercising regularly and eating high amounts of fruits and vegetables are some ways to reduce cancer risk.

# Facts about thyroid cancer are shared

The American Society of Clinical Oncology estimates that more than 50,000 American adults will be diagnosed with thyroid cancer this year.

Thyroid cancer is more common than people might know and is the sixth leading cancer among women. In fact, women are three times more likely to have thyroid cancer than men. However, thyroid cancer mortality rates are similar for men and women.

Thyroid cancer is very treatable. Depending on the type and stage at diagnosis, the five-year survival rate for thyroid cancer is as high as 98 percent.

The endocrine disorder resource Endocrine Web says thyroid cancer can occur at any time but is diagnosed more often in people age 30 and older. Thyroid cancer forms in the thyroid gland, which is located in the front part of the neck below the thyroid cartilage, or what would be the Adam's apple in men. The American Cancer Society says, in most instances, the butterfly-shaped thyroid cannot be seen or felt. The thyroid is instrumental in regulating many bodily functions, including metabolism and how the body uses calcium. The thyroid also controls one's heart rate, blood pres-

sure and body temperature.

The Mayo Clinic says that although thyroid cancer is not common in the United States, rates seem to be on the rise. This spike could be attributed to recently developed technology can now detect smaller thyroid cancers early on.

Typically, thyroid cancer causes no signs or symptoms in its early stages. Over time, thyroid cancer may lead to:

- a lump in the neck that can be felt through the skin
- changes to the voice
- difficulty swallowing
- pain in the neck and throat
- and swollen lymph nodes

A lump alone is not indicative of cancer, as many people can have thyroid nodules thought to be tumors. Biopsy can determine which lumps are benign and which are cancerous.

Thyroid cancers are grouped into different types, according to ACS.

- Papillary cancer: These grow very slowly and usually develop in only one lobe of the thyroid gland.
- Follicular cancer: This is the next most common type, and it generally affects those who do not get enough iodine in their diets.



- Hurthle cell cancer: This is a less common type of cancer that is difficult to find and treat.
  - Medullary thyroid cancer: This type of cancer develops from the C cells of the thyroid used in calcium control.
  - Anaplastic thyroid cancer: This is another rare form of cancer, and it can develop from another existing thyroid cancer. The cancer cells will not look like normal thyroid cells.
- Not much is known about the causes of thyroid cancer. Exposure to high levels of radiation, inherited genetic syndromes and gender are the biggest risk factors. Removing the thyroid or standard cancer treatments can be successful in treating the disease.

Hope is the only thing stronger than fear



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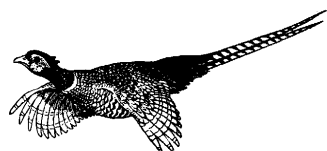
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# How the foods you eat might help you fight cancer

Many people are familiar with certain ways to reduce their risk for cancer. Avoiding tobacco, which the National Cancer Institute notes is a leading cause of cancer and death from cancer, and protecting oneself from the sun's harmful ultraviolet rays by applying sunscreen are two of the most widely known ways to reduce cancer risk. But fewer people may recognize the important role diet can play in fighting cancer.

According to the Academy of Nutrition and Dietetics, a nutritious diet can reduce your cancer risk. That makes eating right one of the easiest, not to mention the most delicious, ways to reduce your risk for a disease that is often preventable. But how exactly does diet lower cancer risk?

### Healthy diets and healthy weights

The American Cancer Society estimates that excess body weight is responsible



for about 8 percent of all cancers and roughly 7 percent of all cancer deaths in the United States. A healthy diet full of fruits, vegetables and lean protein can help people lose weight and keep the weight off once it's gone, thereby reducing cancer risk.

### Healthy diets and exercise

Unhealthy foods and oversized portions can contribute to feelings of fatigue. Such feelings can make it hard to get off the couch and exercise.

While the ACS acknowledges that more studies are necessary to determine the link between sedentary behavior and cancer risk, various studies have shown links between physical activity and reduced cancer risk.

For example, a 2016 meta-analysis of 10 cohort studies published in the Clinical Journal of Sports Medicine found that individuals who were the most physically active had a 19 percent lower risk of stomach cancer than those who were

least active. By eating healthier foods and controlling their portions, people may discover they have more energy to get up and exercise, reaping all the rewards that such activity has to offer, including a lower risk for cancer.

### Healthy diets and strong immune systems

Another way certain foods can help you fight cancer is by bolstering your immune system, making it more capable of fighting disease. The University of Texas MD Anderson Cancer Center, a world renowned medical center devoted exclusively to cancer patient care, notes that the fiber, phytochemicals and antioxidants humans get from consuming plants bolster their immune systems. A strong immune system is a vital ally in the fight against cancer.

The old adage "You are what you eat" is rooted in truth. And people who eat healthy foods are more likely to be healthy as a result.

# A community of care available from Nebraska Cancer Specialists

Receiving a cancer diagnosis is not easy, but choosing the right type of oncology care makes it seem more manageable. Nebraska Cancer Specialists (NCS) provides cutting-edge care for the whole person through diagnosis, treatment, and research.

As a community oncology center, NCS provides highly personalized, individualized care to patients throughout Nebraska. Each physician is a general medical oncologist devoted to treating

cancer, and most of them have special interests in different cancers such as blood, breast, and prostate cancers. Their treatment goes beyond medicine.

"Our integrative services such as occupational therapy, mental health, in-house pharmacy, genetic counseling, and fitness and nutrition classes are essential components to a patient's treatment and recovery," said Kelly Horn, Physician Liaison. "Patients need help not only medically, but emotionally, socially, and

financially, too."

Each of NCS' integrative services is backed by a trained specialist to provide the best possible care. "Having a registered dietitian in the oncology outpatient setting allows for the identification of nutrition related issues proactively rather than reactively," says NCS registered dietitian Karly Schneider. "Implementing nutrition interventions early achieves better outcomes with cancer treatment and gives patients an increased quality of life."

Along with a variety of treatment options, NCS has more than 100 active clinical trials at any given time. Patients that meet the requirements of a trial are able to work with their medical oncologist team as well as a robust research team comprised of research physicians, advanced practice providers, research nurses, data coordinators, a regulatory coordinator, research pharmacy technicians, research assistants and a research manager and research director.

"It often takes anywhere from four to 12 weeks for a health system to have a clinical trial up and running, but with our efficiency and dedication, we're able to do it routinely in less than two weeks," says Horn. "Participants not only receive

state of the art research treatment, they also help us determine how to treat cancer for future generations.

"We have access to the same treatments and cutting-edge research as some of the top cancer centers in the country," she continues. "Whether a patient comes in for a clinical trial or standard treatment, the care they receive at NCS is by far the most personalized in the region. Patients are family to us and we want them to feel the same way."

About Nebraska Cancer Specialists

Nebraska Cancer Specialists is a regional leader in Community Oncology, which refers to the practice of treating patients in an outpatient, private setting. The practice consists of 14 medical oncology and hematology, nuclear medicine and radiation oncology physicians, the most robust Clinical Trial Research department, and the first dedicated Theranostics center in the region, thus giving our patients access to newer, cutting edge options. NCS has been recognized with the Quality Oncology Practice Initiative QOPI certification that recognizes outpatient hematology-oncology practices in the United States for high-quality care. For more information, visit [nebraskacancer.com](http://nebraskacancer.com).

## Providence Medical Center's outpatient clinic helps area cancer patients

Patients diagnosed with cancer may experience a wide range of emotion-fear, sadness and anxiety about what comes next. A complex diagnosis like cancer doesn't mean that patients need to travel far from home to see a specialist. Providence Medical Center offers an outpatient oncology clinic that can service many cancer treatment plans.

Dr. Rabih Fahed, from Norfolk Oncology, visits PMC's outpatient clinic once a month on the fourth Friday of the month. While the specialist's time is limited in Wayne, it doesn't mean the outpatient clinic's abilities are. From installing a port, to monitoring red and white blood cell counts and many services in between, the staff at PMC is there to help patients stay healthy while fighting cancer. At PMC patients can be administered infusions in the comfortable atmosphere of the infusion area, have blood drawn for testing between treatments and visit with healthcare professionals to answer any questions they may have. For a hospital its size, PMC can even

offer some services other hospitals may not be able to, according to Pam Matthes, Oncology Certified nurse at PMC.

PMC's outpatient oncology clinic can also carry out orders from doctors outside of Wayne and the surrounding area.

"We get orders from Mayo, Sioux City, Omaha, and more, so even if a patient's oncologist doesn't provide services at PMC, we are still able to help with some of the care or procedures needed. Things such as lab work, transfusions, infusions, etc. can be done at PMC if the patient chooses," Matthes said. It's as easy as communicating with your physician about this option and setting up an appointment."

A cancer diagnosis can cause lots of worry, but through services provided by PMC's outpatient oncology clinic, travel for care doesn't have to be one, even if patients are doctoring out of the area.

For more information about the outpatient oncology clinic, contact Providence Medical Center at (402) 375-3800.

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